### Novena of Grace 2024 Media Kit I am the Beloved!

#### PROGRAM DETAILS

Thursday, March 7 - Friday, March 15

Weekdays: 12:30-1:30 pm

Saturday & Sunday: 11 am-12 pm

Chapel Of St. Ignatius

Seattle University 901 12th Ave, Seattle

Livestream and Recording Available

To Learn More: ignatiancenter.org/novena-of-grace-2024

#### **COPY OPTIONS**

#### Short Blurb (71 words)

Join the Ignatian Spirituality Center this Lent for a one-hour-a-day retreat amid daily life March 7-15. The Novena of Grace consists of nine days of beautiful music, scripture, inspiring preaching, reflection, and heartfelt prayer within the context of a contemplative prayer service. The retreat will be held in-person once a day at Seattle University's Chapel of St. Ignatius, as well as streaming online. Free to attend. All are welcome!

Visit ignatiancenter.org/novena-of-grace-2024

#### Long Blurb (225 words)

Journey with the Ignatian Spirituality Center this Lent for a nine-day retreat amid daily life. Join daily for one hour, in person or online, and be uplifted by beautiful music, inspired preaching, and heartfelt prayer and reflection. Let us pray together as a faith-filled community for God's healing and mercy in our lives.

The Novena's origins date to 1633, when tradition says St. Francis Xavier appeared to a priest in a healing vision and promised that all who would earnestly ask his intercession with God for nine consecutive days would experience profound grace. The Novena survives today as an annual tradition which is continually updated to remain *relevant* to the daily lives of retreat-goers.

This year's theme, **I am the Beloved!** is a proclamation that names and claims our identity as the Beloved of God, which challenged so many aspects of life, including institutions and systems that attempt to denigrate our human dignity and creation in the Image of God. Through the Novena, we desire to share the many faces and identities of the Beloved, to inspire hope for a Church that honors God's creation, and to model examples of courage and belonging in and for our communities. "I am the Beloved" is more than a sentiment, it is a deep truth, a taproot of our creation that shapes our understanding of everything.

Visit ignatiancenter.org/novena-of-grace-2024

### I AM THE BELOVED!

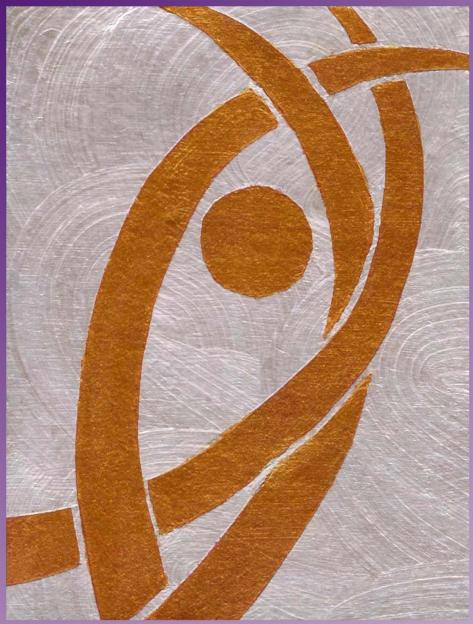


Image credit: Jan Richardson

Novena of Grace 2024

#### **FLYER**

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mage credit: Jan Richardson

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WEEKDAYS: 12:30-1:30 PM

SATURDAY & SUNDAY: 11 AM-12 PM

CHAPEL OF ST. IGNATIUS SEATTLE UNIVERSITY 901 12TH AVE, SEATTLE

#### LIVESTREAM AVAILABLE







MALCOLM NELSON, SARAH PERICICH-LOPEZ, & FR. MATTHEW PYRC, SJ, PRESENTERS

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For more information visit
www.ignatiancenter.org/novena-ofgrace-2024
Questions? maria@ignatiancenter.org
(206) 329-4824

#### **SOCIAL MEDIA POST:**

THE IGNATIAN SPIRITUALITY CENTER & SEATTLE UNIVERSITY CAMPUS MINISTRY INVITE YOU

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