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A REFLECTION FROM THE EXECUTIVE DIRECTOR



Emily Jendzejec

I greet you with peace as we find ourselves in the midst of a tumultuous and trying 2020. Covid-19 has profoundly changed daily life and the longstanding wounds of systemic racism have called more communities to address racial equity on a local and national level. Fr. Scott Santarosa, SJ, Provincial of Jesuits West, has challenged all Jesuit ministries to “be responsible to this moment,” calling us to “double down on our commitment to the Universal Apostolic Preferences, to ‘walk with the poor, the outcasts of the world, whose dignity has been violated, in a mission of reconciliation and justice.’” His invitation implores us not just to be reactive but to commit to responsible action. *How is God leading us at the ISC to responsibly act in this moment?* I share with you three ways: to commit to the work of racial equity; to collaborate with other Jesuit works in this shared endeavor; and to act from a posture of possibility.

Commitment to the work of racial equity

In June, the ISC released a statement in support of Black lives. We remain committed to support the work of racial equity through not just words but in having the following question guide us in all that the ISC does: *How do we operate and offer programming and services through an anti-racist lens?* Internally, staff is working to diversify the prayer sources we draw from and we continue to make a concerted effort to expand our presenter and spiritual director pool. This fall we are hosting two programs integrating Ignatian spirituality with the work of racial justice and are also discerning opportunities to create supportive spaces for BIPOC Ignatian leaders to convene and connect. We share this commitment humbly, aware that the work of racial justice is challenging as we navigate our individual biases, and reckon with injustices perpetuated by nation, church and community. We are aware that there will always be more work to be done. Yet it is crucial work, God’s work.

Collaboration with Jesuit works in our region and province

At the ISC our commitment to act for racial equity is work that we are not doing alone. Collaborative efforts have come from a shared desire among many Jesuit ministries to act. The ISC is now a formal institutional member of the Ignatian Solidarity Network. ISC staff and supporters participated in a six-month discernment with Jesuit West’s Faith Doing Justice initiative. The result of this discernment has been the creation of the province-wide Collaborative Organizing for Racial Equity (CORE). ISC is now active in the Seattle/Tacoma regional CORE team working on collaborative racial justice work in the region.

Acting from a posture of possibility

In these days of social isolation and national strife, the ISC is committed to creating spaces of prayer-filled gathering so that people may share in community and reflect on meaning and purpose in our world. It is from a posture of possibility that we remain committed to offering engaging programming and inspired resources rooted in the Ignatian vision and tradition. We see possibility in creatively gathering in virtual ways to pray, discern, and learn together. We see possibility in how Ignatian spirituality can uniquely inform racial justice work, and how racial justice work must inform Ignatian spirituality and spiritual practice. It is from this posture of possibility that hope springs forth, trusting that we are listening to the spirit, staying true to our vision of being a part of Christ’s mission of compassion, healing and justice. We invite you to read through this newsletter from a posture of possibility, prayerfully attuned to how you might join us in the call for responsible action.

ISC COMINGS & GOINGS

We share and celebrate with gratitude...



In July, **Matt Barmore** stepped down as Executive Director after four years of inspired service. We are grateful for his four years of dedicated and thoughtful Ignatian leadership. Matt brought many gifts to the ISC as an excellent teacher, skilled facilitator, and seasoned supervisor. As director, Matt empowered staff in their ministries and led from a place of trust, deep listening, and commitment to the ISC mission. Matt's leadership style made everyone feel welcome, supported and valued at the ISC. Under his leadership the ISC expanded efforts as an ecumenical organization and strengthened collaborative efforts with Jesuit works in the region. We are grateful Matt is staying on staff as a consultant this coming year so we can continue to gain from his wisdom and enjoy his humor and positive regard for all. Thank you, Matt.

Emily Jendzejec began as Executive Director on July 1, 2020. It was during her undergraduate years at Boston College that she was introduced to Ignatian spirituality which inspired both her vocational aspirations and personal spiritual commitments. Emily has a Master of Divinity from Harvard Divinity School and is currently a PhD candidate in theology and education at Boston College. Prior to joining the ISC staff, Emily worked in numerous ministry settings including the Jesuit Volunteer Corps Northwest, the Paulist Center Boston Community, and the Office of Religious and Spiritual Life at Wellesley College. Emily is a seasoned retreat leader and facilitator and finds joy in accompanying people on their spiritual journeys.



Maria L. Ochoa is transitioning out of her role as Regional Coordinator of Contemplative Leaders in Action (CLA) this fall. She has been in this role with the ISC as Regional Coordinator since Fall 2017. She also served CLA through providing curriculum development/facilitation from 2012-2016 while employed at Seattle University. Maria will stay on the ISC staff as the Marketing/Communications and IgNite Programming Coordinator. We give thanks for the dedication, creativity and compassion that Maria brought to the role of CLA coordinator as she accompanied dozens of young adults during their CLA experience. We will be hiring a new CLA coordinator in December.

We express our deepest gratitude and bid farewell to the following ISC board members who transitioned off the board this summer: **Joe Orlando, Gretchen Brennan, Deanne Calvert, and Cindy O'Brien**. We are excited to be welcoming on to the board: **Leonetta Elaiho, Corinne Pann, Corbin Johnson, and Cristi Aigner**. The ISC is blessed by their YES and will be enriched by each of their diverse gifts and passions that they bring to the board!

Stay in Touch with the ISC!

Interested in getting the most up-to-date information about ISC programs & events?

 Register for the monthly e-newsletter at:
www.ignatiancenter.org/newsletter

 Follow us on Facebook:
<https://www.facebook.com/ignatiancenter>

Questions? Email us at info@ignatiancenter.org



SPIRITUAL DIRECTION SERVICES UPDATE



“Praised be You... through our Sister Mother Earth, who sustains and governs us, and who produces various fruit with colored flowers and herbs... through those who give pardon for your love, and bear infirmity and tribulation... who endure in peace, for by You, Most High, shall they be crowned.”

The Canticle of the Creatures,
St. Francis

September is the “Season of Creation,” the month-long celebration of the *Catholic Climate Covenant*, uniting the world in prayer of care for all creation and to “shape a new future that includes everyone and life in all its forms.”

The season hopes to move us forward in our spiritual journey: from apathy to care of our climate crisis; from fear during the pandemic to hope for health in the human community; from racial injustice to embracing God’s diverse and beautiful people; from political partisanship to building bridges to one another, reconciled through God.

The social isolation of this season can challenge our relationships and intensify our longings. It’s a time when spiritual directors are easily accessible by phone, Facetime, Skype or Zoom to companion others in discerning their path, renewing their spirits, and deepening their prayer.

In the spirit of this creative season, and in response to the growing requests for BIPOC and LGBTQ spiritual directors, we are forming two pilot groups for this year. One will be for BIPOC individuals to discern their gifts as spiritual companions for others. A second group will gather LGBTQ individuals who are interested in growing their faith in a group setting with others.

For inquiries or questions about Spiritual Direction Services, please contact Carla Orlando at carla@ignatiancenter.org

Find special prayers, resource materials and hundreds of local and global events for Season of Creation at <https://seasonofcreation.org/>.



Just as the fall weather arrived, CLA’s Cohort 6 wrapped up their two-year experience by gathering for their closing retreat online in September. Although the program typically ends in June, the cohort was invited to continue gathering online through the summer as a way to support them in this challenging time of the pandemic. These leaders proved time and again how valuable community is. Their gratitude, even in the midst of so much turmoil, was inspiring. Their desire to pray and act for racial justice was alive and activated. And their value to witness each other with humility and grace was a testament to love as the foundation of Ignatian Leadership.

In reflecting upon their work of the last two years, many in the cohort touched on their Capstone projects. In a Capstone project, each leader is invited to discern, plan, and implement a project which animates their gifts, talents, and leadership in service to the Common Good. Their projects represent a range of ways the gifts of Ignatian Spirituality can be applied to improve our community in very real ways, such as a designing a wildlife habitat for bees, facilitating a workshop blending expertise in improv as a tool for imaginative prayer, or creating space for other young adults to discuss, pray and discern ways to address homelessness in Seattle. All of these young professionals lead with heart, integrity, and a true Ignatian spirit. *Learn more about CLA at www.contemplativeleaders.org.*

YOUNG ADULT PROGRAMS UPDATE



CLA-Seattle Cohort #6 gathered at a Professional Development training in January 2020



Gratitude, Grief, Grace & Grit: Four Exams for Life Today

In the range of issues we face this Fall - our daily life and relationships, the pandemic, cries for racial justice, our civic life and more - we may wonder how and where we can find God. One key Ignatian tool to help us explore these spiritual questions is the Examen, an ancient practice of prayerful reflection on the events in our life to help us see God's hand at work in our whole experience.

Through insightful presentations, individual prayer, and facilitated small group conversation reflecting on the spiritual movements of each Examen - gratitude, grief, grace and grit - we hope this series will help open our eyes to see God breaking through into every part of life today.

*4 Tuesdays, October 6, 13, 20 and 27, 2020
7:00-8:30 pm PDT | Online via Zoom*

*Carla Orlando, Fr. Matthew Pyrc, S.J., Leonetta Elaiho &
Anna Johnson, Presenters*

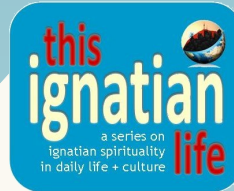


Jesuit Alumni & Friends Discernment in Leadership: Making Faithful Choices in This Time

Now more than ever, we need leaders who can lead with empathy, self-awareness, and courage. Discernment, as a fundamental aspect of Ignatian Leadership, is a particular value we can look to in this uncertain time to help us all as leaders navigate uncharted territory - not only to empower us to follow our truest calling, but to inspire others, build new opportunities, and act in ways that bring about the Common Good. Join Ignatian Leaders who have been guided by Ignatian discernment and have led others in building discerning hearts. Learn through their stories what the role of Ignatian discernment has had on their life and leadership. This program is geared towards alumni and friends of Jesuit universities, high schools, and volunteer programs.

*Wednesday, October 21, 2020
7:00-8:30 pm PDT | Online via Zoom*

*Sen. Rebecca Saldaña, Bill Hallerman,
Lisa Nowlin, Panelists, Kelly Hickman, Moderator*



This Ignatian Life Series 2020 -2021

We invite you to attend one or both mornings of reflection in this year's "This Ignatian Life" series - a series that explores the intersection of Ignatian spirituality with daily life and culture. This year we continue with the theme of "Reimagining." The changes that have rocked our world beg us to reimagine new paths forward through the complexities of issues such as systemic racism and climate change. Come learn from our presenters, be inspired by stories of people who want to envision another way, and join a community of people that desires to be grounded in Ignatian imagination and prayer that renews hope and courage for a better world.

Reimagining Racial Justice

Saturday, November 14, 2020

9:30 am-12:00 pm PDT | Online via Zoom

*Rev. Victoria Carr-Ware, Jimmy McCarty & Marilyn Nash,
Presenters*

If you would like to be notified about the second event in this series, "Reimagining Care for the Climate," please email andrea@ignatiancenter.org or call 206-329-4824.



Advent Evening of Prayer

Enter more fully into the rich meanings of the Advent season by joining us for this year's contemplative ecumenical Advent Evening of Prayer. Allow yourself to remember what is most important about this season; simply pause, reflect, watch and wait in prayer, word, art, music, imagination and silence.

Wednesday, December 9, 2020

7:00 pm | Livestreamed online

Co-sponsored by Seattle First Baptist Church

**For more info or to register for a
program or retreat:**

Visit: www.ignatiancenter.org

Email: info@ignatiancenter.org

Call: (206) 329-4824

WINTER 2021 PREVIEW

Examen at the Turn of the Year: A Winter Day of Reflection

Saturday, January 2, 2021

9:00 am-3:00 pm | Online via Zoom

Cultivating a Life of Discernment: An Ignatian Way to Make Prayerful Decisions

6 Thursdays, January 21-February 25, 2021

6:30-9:00 pm | Online via Zoom

Ignatian Spirituality for Men

Saturday, February 27, 2021

Time TBA | Online via Zoom

If you would like to be notified about the exact time and when registration opens for the men's event, please email andrea@ignatiancenter.org or call 206-329-4824.

Novena of Grace

Tuesday, March 9-Wednesday, March 17, 2021

Time and location/format TBA

If you would like to be notified about the exact times and location/format for the Novena of Grace, please email andrea@ignatiancenter.org or call 206-329-4824.

SPIRITUAL DIRECTION SERVICES



Encouraging a Closer Relationship with God

Longing for a more conscious experience of God's presence and love? Spiritual direction can help! The ISC offers a way to connect those seeking a spiritual director. There are several well-qualified and trained spiritual directors in our resource pool, many of which have online and phone options available as well. Let us help you make this search process a little easier.

Contact Carla Orlando at carla@ignatiancenter.org or visit <https://www.ignatiancenter.org/spiritual-direction-connections>

Thank you to all who
participated in our
2019-2020 programs!



A MOMENT TO PRAY: Walking with the Excluded

Last Fall in this newsletter, we highlighted the first of the Jesuits' Universal Apostolic Preferences, "Showing the Way to God." This Fall, we offer you a way to pray with the second Preference, "Walking with the Excluded." This Preference aligns with the Ignatian Spirituality Center's mission to "assist persons of all faiths to serve Christ's mission of compassion, healing, and justice" and our participation in the Jesuits West Province's new initiative, CORE (Collaborative Organizing for Racial Equity - visit <https://www.jesuitswestcore.org/>). We cannot think of a more important time than now to highlight this second Preference. Our hope is to nurture contemplatives in action, people of faith who walk with the members of our family who have been marginalized. We invite you to pray using the tool below, especially keeping in your heart those who suffer indignity, injustice, oppression, and violence because of systemic racism.



Overview

The Universal Apostolic Preferences are the fruit of a process of discernment by Jesuits and their mission partners that lasted almost two years and culminated with confirmation from Pope Francis in a special meeting with Fr. General Arturo Sosa, S.J. in early 2019. The Society of Jesus is committed to paying special attention to these Preferences over the next ten years and have invited ALL their partners in mission to do the same.

Praying with the Second Preference: "Walking with the Excluded"

With whom do we walk on the way? To become companions on the way in the spirit of Jesus, we need closeness to those who are marginalized in society. Our mission continues to be the service of faith and the promotion of justice. Today, we are particularly called to walk with others on a path that promotes social justice and reconciliation, that encourages a culture of hospitality for all forcibly displaced, and that advocates for the dignity of and the protection of the vulnerable.

1. **As I begin my prayer, I ask for the Grace of desiring to be closer to those who have been marginalized in society and to those whose dignity has been violated.**

2. **I notice Jesus's identification with those who have been marginalized. I reflect on Matthew 25: 37-40:**

Then the righteous will answer him, "Lord, when was it that we saw you hungry and gave you food, or thirsty and gave you something to drink? And when was it that we saw you a stranger and welcomed you, or naked and gave you clothing? And when was it that we saw you sick or in prison and visited you?" And the king will answer them, "Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me."

3. **I let myself be challenged by the desires expressed in the second Universal Apostolic Preference:**

"It is He, the incarnate, crucified, and risen Lord, who shows us his wounds and invites us to join with Him in the quest for justice. He impels us toward new frontiers, accompanying those whom society has discarded, announcing the Good News to one and all, so that they might be transformed by the love of our God. Our hardened hearts are also changing day by day, becoming filled with mercy and compassion."

"Sent as companions in a mission of reconciliation and justice, we resolve to walk with individuals and communities that are vulnerable, excluded, marginalized, and humanly impoverished. We commit ourselves to walk with the victims of abuse of power, abuse of conscience, and sexual abuse; with the outcasts of this world; with all those whom the biblical tradition knows as the poor of the earth, to whose cry the Lord responds with his liberating incarnation."

4. **I consider these questions and talk about them with God:**

What has been my experience of being close to people who are marginalized in society and how has it impacted me? How can I make this closeness more about mutuality and right relationship? What might be keeping me from walking more intentionally with those who have been excluded? How do I experience my life and work as a mission of justice and reconciliation?

Want to continue to explore the Universal Apostolic Preferences?

Visit <https://www.jesuits.global/uap/>

Thank You to Our ISC Contributors in 2019-2020

We are so grateful to each and all of you! Without your support, the work of the ISC would not continue. Please let us know if we have inadvertently left your name off this list.



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What's Happening at ISC ...

- ISC Comings & Goings
- 2020-21 Program Calendar
- A Moment to Pray
- Thank You ISC Supporters

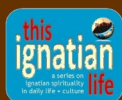


The Ignatian Spirituality Center invites you to

Reimagining Racial Justice

Saturday, November 14
9:30 am-noon | Online via Zoom

Image: Revolution 79.17
Steve Holloman, Harbor Church,
November 5, 2017



Donations accepted (Suggested: \$20)

Contact: andrea@ignatiancenter.org

or 206-329-4824

For more info and to register, please visit

www.ignatiancenter.org



The Ignatian Spirituality Center & Seattle First Baptist Church
invite you to



Photo by Anne Nigard on Unsplash

pause...reflect...watch...wait...

An Advent Evening of Prayer

Wednesday, December 9, 2020 | 7:00 pm



Livestreamed online
Donations accepted
For more info and to RSVP, visit
www.ignatiancenter.org

