

# Nurturing Compassion, Healing and Justice in the Ignatian Tradition and Vision

ESTABLISHED 1994 FALL 2016 NEWSLETTER

#### **Board of Directors**

Cindy O'Brien, Chair
Michelle Audino
Michael Bayard, SJ
Rachel Ford
Vince Herberholt
Jim McGinley
Thomas Morton
Joe Orlando
Jay Schwartz
Jim Schneider
Kristine Sweeney
Kerry Van Vorris

#### Staff

Matt Barmore

Executive Director

Carolyn Hickman Spiritual Direction Services and ISC Outreach

Andrea Fontana, M Div *Program Coordinator* 

Located at
St. Joseph Parish Center
732 18th Ave E
Seattle WA 98112
(206) 329-4824
www.ignatiancenter.org

#### ISC WELCOMES MATT BARMORE AS NEW EXECUTIVE DIRECTOR \*

"It is very important for an organization to periodically have some fresh thinking and new gifts and strengths in its leadership," affirmed ISC's Executive Director Mary Hartrich back in February of 2015. "Let's be open to a careful and unhurried search, and trust that we will find an excellent candidate to lead the ISC through our exciting and very hopeful next stages."



Mary Hartrich, Executive Director for the past ten years, has tremendously enjoyed her leadership role at the ISC: the creative and collaborative energy involved in developing its events and programs, and in

working with the other Jesuit ministries in our region; the cultivation of an *Ignatian* dimension in people's spirituality, lives and leadership; the service in companionship with others who consider themselves "contemplatives in action"; and the many efforts centered on nurturing compassion, healing and justice in both the Ignatian tradition *and* its innovative vision for our world in this new millennium. "The daily, close up tending of ISC's numerous endeavors, with its committed and genuinely excellent staff, board members, program leaders and participants has been a grace and privilege I will cherish and be grateful for always," Mary summarizes, then adds: "And now it is time to pass the baton on to an extremely gifted, much esteemed, and long-committed Ignatian leader, Matt Barmore."

Matt comes to the ISC with thirty-five years of experience in Jesuit secondary education, the last twenty of these at Seattle Prep—twice as principal, and also as faculty member in the English Department, and basketball coach. For the last nine years, Matt has been the Director of Adult Faith Formation, with an emphasis in Ignatian Spirituality. He has been intricately involved with the ISC for the past three years, as a presenter for the Novena of Grace in 2014, a program leader, and as a member of the ISC Board of Directors. "These have had a significant impact on my own spiritual formation," Matt says, and "I look forward to continued growth throughout my new role with the Center, working with the incredible staff and board of ISC, and in carrying on the tremendous work ISC does, and has done under Mary's leadership these past 10+ years." We warmly welcome you, Matt!!

#### → MORE FOND FAREWELLS AND WARM WELCOMES

Our talented Program Marketing and Young Adult *IgNite* Coordinator for this past year, **Theresa Lukasik**, will be moving on to assist with Faith Formation at St. Joseph's Parish. We bid a sad goodbye to former ISC Staff member and 2016 Peter Favre Award recipient, **Charlene Collora**, who passed away on June 10<sup>th</sup>, and to the much treasured **Fr. Jack O'Leary**, **SJ**, ISC's very first Peter Favre Award recipient, who departed this life at the end of January. We express our sincere gratitude to two long time and very beloved ISC Board Members: **Jen Tilghman-Havens**, a truly inspiring and faith-filled Ignatian leader who served as our liaison to Seattle University, and **Sheila Evoy Mallahan**, who brought tremendous wisdom and generously lent a hand to many fundraising efforts as well as various events. Our outstanding Board Chair, **David Rothrock**, will remain on the ISC Board of Directors, but passes on its leadership to the very cherished and gifted **Cindy O'Brien**. (continued)

#### HIGHLIGHTS of UPCOMING ISC PROGRAMS and EVENTS

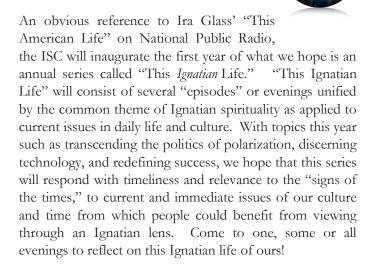


### Ignatian Spirituality 101: An Introduction to Ignatian Prayer & Spirituality

any of Pope Francis' words and actions are grounded in the spirituality of the Jesuits, which is also meant for lay people. You may be wondering, "What is Ignatian spirituality all about? How might I incorporate Ignatian prayer and spirituality into my life?" If you would like to know more, this evening introduction to the basics of Ignatian prayer and spirituality is for you! Come learn more about the life of St. Ignatius and key elements of Ignatian spirituality, experience Ignatian prayer, and learn how this rich spiritual tradition is being kept alive locally. If you are already familiar with Ignatian spirituality, we encourage you to think of others to invite!

Thursday, October 6, 2016 6:30-8:45 pm at St. Joseph Parish Center, Seattle ISC staff and partners, Presenters

### **NEW!** This Ignatian Life: A Series on Ignatian Spirituality in Daily Life and Culture



Please sign up for our e-newsletter or contact Andrea at andrea@ignatiancenter.org or (206) 329-4824 to receive notifications about the episodes in this year's "This Ignatian Life" series!

# **NEW!** Parenting in an Ignatian Spirit: Small Group Reflection for Parents



This small group invites you as a parent to reflect on the multiple roles you play in your life and how these roles intersect with your deepest sense of yourself and your understanding of God. Over

the course of seven monthly sessions, you and fellow parents will deepen your sense of yourselves, come to an awareness of the spiritual foundations of your parenting, share experiences in the context of a small community, and develop a set of Ignatian-inspired practices to help ground you in moments of challenge.

2nd Monday (exceptions asterisked\*) of the month Nov 14, Dec 12, Jan 9, Feb 13, Mar 20\*, Apr 10, May 15\* 7:00-9:00 pm at St. Joseph Parish Center, Seattle **Jennifer Tilghman-Havens,** Facilitator

#### **Advent Evening of Prayer**

Enter more fully into the rich meanings of this holiday season by joining us for this year's contemplative Advent Evening of Prayer. Allow yourself to let go of some of the "shoulds" of the season, and



be transformed by a global perspective on this holy season, through prayer, art, music, imagination and silence.

Tuesday, December 6, 2016
7:00 pm at St. Joseph Church, Seattle **Trung Pham, SJ** and **Catherine Punsalan,** Presenters



# Examen of Life at the Turn of the Year: A Winter Day of Reflection

e live busy lives and may not always allow time and space to slow down or step back to prayerfully "examine" our lives. When the hectic holiday season dies down, we invite you to join us at the turn of the calendar year for this peaceful day of reflection. This daylong miniretreat includes brief presentations leading you through four movements of an Examen on the previous year, reflection questions, and abundant time for personal prayer, journaling and reflection.

Saturday, December 31, 2016 9 am—3 pm at St. Joseph Parish Center, Seattle **Mary Hartrich,** Presenter



### In the Steps of Ignatius: Ignatian Spirituality for Men 2016-2017 The Search for Enough

Men of all ages and faith backgrounds are invited this year to one, some or all three offerings of Ignatian spirituality just for men. This year's exciting series, "The Search for Enough," offers space to reevaluate our relationship to time, money, possessions and commitments in a society that seems to call us to do more, produce more, and consume more. The kickoff Day of Reflection and two subsequent gatherings (TBD) will offer the opportunity to reflect on the questions, "What is enough?" and ultimately, "Am I enough?" Each gathering will include a social, prayer, stimulating presentations, and meaningful time to reflect individually and with others.

#### I: The Search for Enough: A Day of Reflection

Saturday, January 28, 2017 9 am—3 pm at location TBD Mike Schut, Presenter Vince Herberholt, Facilitator

To learn more about future men's offerings, contact andrea@ignatiancenter.org or (206) 329-4824.



Saint Ignatius often finished his letters with the encouragement: "ite, inflammate omnia" (Go, set the world on fire). Young adults yearn to

live life to the fullest and with intentionality to contribute to the well-being of their immediate community and the world at large. In the hope of strengthening encounters with God's grace, IgNite will enrich young adults to go forth and set the world on fire!

Last year IgNite celebrated the Year of Mercy by giving young adults encounters with those vulnerable on the margins, including refugees, young adult homeless and nature herself. Out of these experiences, they were given the opportunity to become contemplatives in action.

Following the success of last year's Lenten Retreat, ISC will again partner with IPJC, Maryknoll and St. Joseph Parish for another young adult retreat on February 18-19 at Camp Huston.

To learn more about other ISC IgNite offerings, contact 206-329-4824 or info@ignatiancenter.org to subscribe to our e-newsletter.

#### HIGHLIGHTS of ISC OUTREACH

#### Recovery Café: Mining Our Gold

The ISC and the Recovery Café continue collaborating as we offer another book series this Fall. We will be reading "The Art of Affirmation", by Robert Fury. The book reminds us that affirmation is the sincere expression for a person's



remarkable qualities. It is essential to our human growth and happiness. Finding the treasures in ourselves and others is an art that can be cultivated. The Café members continue to inspire us and each other with their commitment to healing and compassion for one another.

Starting Thursday, September 15, 2016 12:45pm at the Recovery Café, Seattle

#### The Way of Companionship: Training for Companions of Those in the Margins



This morning will offer a clear language and compassionate approach to companionship. Together we will explore 5 core practices anyone can apply to support individuals on the road to healing, recovery and wholeness.

Anyone working with or considering a closer connection with people in society's margins will benefit from this day.

Saturday, October 8, 2016 9:00 am—12:00 pm at St. Joseph Parish Center, Seattle Carolyn Hickman, Presenter

# Companions for the Journey: Spiritual Direction for Jesuit Volunteers

The ISC will continue to offer support to the Jesuit Volunteers in Seattle by providing them the option of being connected with spiritual directors during their year of service in the Seattle area. We will also offer our connection service to members of *Encorps*, (JVE), volunteers over the age of 50 who serve people living in society's margins.

## Solidarity In Service: A Morning of Reflection for Volunteers with Dave Shull (Recovery Café)

This day is offered to enrich and support those serving people in the margins in their faith communities. The retreat is an opportunity to connect faith, spirituality, hospitality and a shared sense of mission, using the lens of Ignatian Spirituality. *All are welcome*.

9:00 am—12:00 pm Saturday, February 4, 2017 For more information, contact the ISC office.



## CALENDAR of EVENTS

#### **FALL 2016**

This Ignatian Life:

*Ignatian Spirituality 101:*Introduction to Ignatian Prayer & Spirituality Thursday, October 6, 2016
6:30-8:45 PM at St. Joseph Parish Center, Seattle

The Way of Companionship:
Training for Companions of Those in the Margins
Saturday, October 8, 2016
9 AM—12 PM at St. Joseph Parish Center, Seattle

LOCAL HARVEST (more information on pg 8)

A Benefit to Support the ISC

Saturday, October 15, 2016
6-9 PM at Seattle Preparatory School ("Great Room")

Series on Ignatian Spirituality in Daily Life & Culture
I: On Politics and Polarization
Thursday, October 27, 2016 (tentative)
7-9 PM at St. Joseph Parish Center, Seattle

Parenting in an Ignatian Spirit:
Small Group Reflection for Parents
Mondays, Nov 14, Dec 12, Jan 9, Feb 13, Mar 20, Apr 10, and May 15
7-9 PM at St. Joseph Parish Center, Seattle

Tuesday, December 6, 2016
7 PM at St. Joseph Church, Seattle

**Advent Evening of Prayer** 

Examen of Life at the Turn of the Year: A Winter Day of Reflection Saturday, December 31, 2016 9 AM-3 PM at St. Joseph Parish Center, Seattle

#### WINTER 2017

Discernment 101
Monday, January 23, 2017
7:00-8:30 PM at St. Joseph Parish Center, Seattle











#### IGNATIAN SPIRITUALITY FOR MEN

The Search for Enough: A Day of Reflection Saturday, January 28, 2017 9 AM-3 PM at Location TBD

#### Solidarity in Service:

#### A Day of Reflection for Volunteers

Saturday, February 4, 2017 9 AM - 12 PM at St. Joseph Parish Center, Seattle

#### Ignatian Companions in Discernment: Small group spiritual direction

#### for those pondering life's decisions

Mondays, Feb 6, Mar 6, Apr 3, May 1, and Jun 5, 2017 6:30-9:00 PM at St. Joseph Parish Center, Seattle

#### **Dream Work and Spiritual Direction**

Friday, February 10, 2017 9 AM—3 PM at St. Joseph Parish Center, Seattle

#### NINE DAYS OF GRACE: NOVENA

Wednesday, March 8 through Thursday, March 16, 2017 12:30 PM at the Chapel of St. Ignatius, Seattle University and 7:00 PM at St. Joseph Church, Seattle

#### **SPRING 2017**

#### Ignatian Book Group (Book TBD)

Thursdays, Apr 27, May 4, 11, and 18, 2017 6:30-9:00 PM at St. Joseph Parish Center, Seattle

#### **SUMMER 2017**

#### A Midyear Examen:

#### A Summer Day of Reflection

Saturday, June 17, 2017 9:00 AM-3:00 PM at St. Joseph Parish Center, Seattle

#### A Pilgrimage of the Heart:

#### Summer Ignatian Retreat

2:00 PM Friday, July 7—2 PM Sunday, July 9, 2017

For more details and registration information, go to www.ignatiancenter.org or call 206.329.4824









#### **WARM WELCOMES** (continued from page 1)

The ISC Board of Directors welcomes four strongly gifted members this year:



A Nebraska native, **Michelle Audino** has been living in the Seattle area for almost thirty years. Michelle has been blissfully married for over thirty years, and is blessed with four beautiful children. Jesuit-educated, Michelle has been active in several nonprofits, most recently Seattle Preparatory School, The Seattle Nativity School and the Fulcrum Foundation. For fun, Michelle is a golf, bike riding and running enthusiast.

Rachel Ford has been involved with Jesuit ministries for thirteen years,

beginning with her undergraduate education at Gonzaga University and continuing through her time as a Jesuit Volunteer and working for JVC Northwest. She currently serves as Seattle Preparatory School's Director of Christian Service Programs, and is thrilled to be able to support ISC's mission of increased collaboration among Jesuit ministries. She is particularly excited about working with the ISC to engage more young people in Jesuit ministries.





Joe Orlando has spent nearly thirty-five years as part of the Ignatian family, first serving as a Jesuit volunteer and helping launch the international JVC. Since arriving at Seattle University in 1990, Joe has worked with students as a campus minister, and also with faculty and staff, developed and led many retreats, immersions, seminars, etc. that explore the Jesuit mission. He shares a great love of Ignatian Spirituality with his wife Carla, who also has served on the ISC board. He is the proud father of

Josephine and Sophia, twin teenage daughters.

Kerry Van Vorris also joins our board this year. She graduated from Notre Dame and served as a member of the Holy Cross Volunteers. She worked at Microsoft, integrating companies that Microsoft purchased. She has served in Ashoka Youth Venture work with St Madeleine Sophie. She moved back to Seattle to assume an HR role with Amazon and as a leader of Madrona's Talent organization. She is excited about contributing her expertise to the work of the ISC

# SPIRITUAL DIRECTION SERVICES



#### Encouraging a Closer Relationship with God

Longing for a more conscious experience of God's presence and love? Spiritual direction can help!

Contact us if you are interested in connecting with a spiritual director.

Carolyn Hickman
carolyn@ignatiancenter.org
206.329.4824

Interested in receiving
ISC's monthly
E-Newsletter
for the most up-to-date
information?

- Go to "www.ignatiancenter.org"
- Click "About Us"
- •Click "Get Involved"
- •Click "Subscribe to the ISC's Monthly Newsletter"
- •Fill in your email address.

Or call 206.329.4824

#### Thank You to Our ISC Contributors in 2015-2016

We are so grateful to each and all of you! Without your support, the work of the ISC would not continue. Please let us know if we have inadvertently left your name off this list.



John Adams Diane Ahern Janet Alkire Alegria Aquino Albers Linda Anderson Veronica Asui Dale and Tom Auffenberg Mary Rose Bacina Kathryn Ballinger Mary Fran & Art Barkshire Matt Barmore & Nancy Hanson Art & Mary Fran Barkshire Mary Bartholet Michael Bayard, SJ Betsy Beckman Fred & Tricia Bentley Maralyn & Jack Blume Bill & Leslie Boniface **Dorthy Brandt** Paula Boos Sean & Gretchen Brennan Frank & DeAnne Buono Glen Butterworth, SJ Anne Bush Peter Byrne, SJ Sean & Teddy Callahan Deanne & Phillip Calvert Lori & Tom Carmody Bridget Carney Joe & Stacy Cates Carney Christie Cave Jim & Jennifer Chamberlin Dino & Janet Christofilis Paul Cochran, SJ David Coffey Cesar Collantes Lara Cole Dan & Julie Coleman Chuck & Nancy Collins Bill & Kathy Collins Patricia & Ted Collins

Joy Drovdahl

Robert Deltete

Marilyn Dennehy

Lisa Dennison & Karl Edwards

G DeCastro Brian & Patti Desroche Steve & Carol Donaldson Michael Dougherty Dennis Duffell Joan Duroe Jan Dwight & Pat Gemperline Jean & John Ederer Dick & Linda Ellis Steve & Liz Ellman Peter Ely, SJ Marion Escalente Gary Fallon & Leona DeRocco Patrick Fennessy Maggie Finley Paul Fitterer, SJ Andrea & Paul Fontana Joe & Terri Gaffney Mary Gaudette Mary Beth & Richard Gemperle Therese Ghosn Helen Goehring John & Kate Goodwin Shannon Greenburg Sue Grady Gretchen Gundrum Steve Gustaveson Barbara Guzzo & Paul Purcell Kiet Ha Cathryn Hagelin Jannette Hartley Mary Hartrich Thomas Hartrich Jeanne Haster Walt &Katherine Havens Linda Haydock, SNJM Tim and Janie Heffernan Vince Herberholt & Cathy Murray Marcelle Hickman John & Carolyn Hickman James & Debbie Hoover Paige Collins Susan Horther Charlene & Charlie Collora Martino & Maura Hoss Isabelle Collora CC Huston Bryan & Theresa Collucio Patricia Hyde Kevin & Cathleen Hylton John Conway Mary Cunningham & Michael Sinsky Anne Jenkins Methal Daba Annapatrice Clarke Johnson Mary Dean Corbin Johnson

Lorraine Johnson

Michael Johnston

Helen Jolly

Michael Jones

Michaela Kearns Jennifer Kelly & Gerry Scully Patrick Kelly, SJ Patrick & Carmella Koeplin Rosemary Krsak Ann Kuder Rick & Anne Kunkle George Kunz Soonja Larsen Jeanne Marie Lee Mike & Mary Lee Mark Lee & Maureen Busto Renee Leet Linda Lopez Liang JoAnn Lopez Tom Lucas, SJ Theresa Lukasik Shelagh Lustig Mary Mackenzie Jim & Sheila Mallahan Don & Melissa Manning Dale & Ann Martin Molly Martinez Marc & Terry Mayberg Billie Mazzei Jim & Judy McAteer Bob McCaffery Lent Kathryn McGarry Jim & Monica McGinley Mud McHugh John McKay Mary McKay Vial Cissy McLane Kathleen McLaughlin Terry & Kathleen McLaughlin Bryce McWalter Brian & Alica Meza Rosanne Michaels Margaret Moore Matt & Anne Moran Tom & Janet Morton Elizabeth Murphy Jody Mullally Marilyn Nash **Bridget Neal** Mark & Mary Nielsen Peterson Pat Noonan Lucy Nonnenkamp Randy Novak Cindy & Mike O'Brien

Maria Ochoa

Kevin O'Keefe

Yosh & Karen Ohno

Gerry O'Leary Patrick O'Leary, SJ Erin Oliver Joe & Carla Orlando John & Mary Pat Osterhaus Kathleen Pape Susanne Patrick Halina Pawl Paul Peterhans Jack & Mary Peterson Jim & Lanette Peterson Trung Pham. SJ Charles & Eleanor Pollnow David Potts Laurie Quadracci Dan & Karen Quinn-Shea Stephanie Ragland & Jerry Johnson Steven & Cynthia Reed John & Maureen Reid David & Elizabeth Richardson Melissa Ries & Pat Kennedy Victoria Ries Barbara Ring Val Ritchie Tom & Jeanie Robinson John Rochford & Nick Utzinger David Rothrock & Kirsten Johnson Steve Rothrock & Tessa Keating Brooke Rufo Hill Betty Sanders & Bruce Carter Kathleen Sanders Magdalena Santiago Daniel & Anne Santee-Stoner Caprice Sauter Carole Sauter Debra and Wyatt Sauvage Mary Schneider Michael Schut Jay Schwartz & Renee Willette David Shull John & Shannon Sehn Patrick Semple & Flora Curran Corinne Senechal Bob & Mary Linden Sepulveda Patricia & Stuart Spencer David & Marti Spicer Bob Stephan, SJ Steven Sundborg, SJ Matt & Kristine Sweeney Tim Leary & Erin Swezey Jennifer & Matt Tilghman-Havens Dan Tohin Diane Tomhave & Sherman Alexie

Steve & Tricia Trainer Patrick Twohy, SJ Josepf Venker, SJ Elsa Vega Mary McKay Vial Nancy Walton-House Chris Weekly, SJ Dennis West & Margaret Kinecke John Whitney, SJ Pete & Karen Wickstrand Mary Lou & Jim Wickwire Tricia Wittman-Todd Steve Wodzanowski Ann P Wyckoff Institute for Catholic Thought and Culture Lakeside Industries Peace for the Streets by Kids from the Streets St. James Cathedral St. Joseph's Church Seattle University  $\mathbf{A}_{\mathbf{D}}$ MAJOREM

> TO GOD  $\mathbf{BE}$ THE GLORY!

GLORIAM!

) EI



732 18th Avenue East Seattle, WA 98112 www.ignatiancenter.org

What's Happening at ISC ...

- New Executive Director
- Farewells and Welcomes
- Upcoming Program Highlights
- ISC Outreach
- Calendar of Events
- Thank You ISC Supporters

Advent Evening

song

of Prayer

art

Tues day

contemplation

of December

7:00 pm

retreat

St. Joseph Church

73218th Avenue E, 98112

Free will offering

www.ignatiancenter.org

Please Join Us for a Festive Evening in Support of the Ignatian Spirituality Center

Nonprofit Org.

**US** Postage

PAID

Permit #02125 Seattle, WA

## LOCAL HARVEST



Saturday, October 15, 2016 6:00-9:00 pm Seattle Preparatory School 'Great Room' 2400 11th Avenue East

\$75 per person
RSVP on enclosed card or through our website:
www.ignatiancenter.org
by September 30, 2016

Space is limited

\*Artwork by Kathryn Zepeda