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Maria Ochoa, MATS,
*Marketing and Ignite Program
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Located at
St. Joseph Parish Center
732 18th Ave E
Seattle WA 98112
(206) 329-4824
www.ignatiancenter.org

AN IGNATIAN TRADITION OF WELCOMING

One need only read the headlines or watch the news to get a sense of just how polarized we're becoming as a nation – politically, socio-economically, religiously. But at a time when people seem to value exclusion and polarization, the Ignatian Spirituality Center is committed to being more inclusive and diverse. Our mission statement explicitly states that we are an ecumenical and interfaith organization, and our Ignatian identity calls us to welcome, embrace, and draw from a variety of faith cultures as we help people deepen their spiritual lives.

Ignatian spirituality was founded and is firmly rooted in the Catholic church. That said, the tenets of Ignatian Spirituality are much broader than any single faith tradition. Ignatian Spirituality is rooted in the notion that God exists in all things and all people. This fundamental principle bolsters our belief that our programs both have something to offer and can be enriched by people of various faith perspectives.

This commitment to be ecumenical and engage with people of all faiths can be seen in the many programs we provide. Andrea Fontana, our Program Coordinator, and Maria Ochoa, our Ignite (adults 21-35) Program Coordinator, work hard to ensure that our programs reflect our mission statement's call to be welcoming and diverse. For example, one of our programs this year will explore both the richness and the tension inherent in engaging in interreligious dialogue. We see this opportunity to engage, understand, and appreciate a variety of perspectives as central to our mission. Similarly, in addition to our the many Catholic institutions we partner with – St. Joseph's, Seattle University, Seattle Preparatory School – this year we will be working with First Baptist Church in Seattle and St. Margaret's Episcopal Church in Bellevue. These partnerships are consistent with our mission precisely because it is in reaching out, listening, engaging, and connecting that we come to more fully recognize and celebrate God's presence in our diverse world.

"As an 83-year-old woman who is not a Catholic . . . I give thanks to God for you and the opportunities you offer in a community of believers who accompany and assist me as I grow in faith and love." - Barbara Lundquist, ISC participant

Our spiritual direction and outreach services also reflect our ecumenical and interfaith identity. Last year alone, Carolyn Hickman, our Spiritual Direction Services Coordinator, connected over 100 people from a variety of faith traditions with spiritual directors representing over 15 faith perspectives. Similarly, our outreach work at Recovery Café serves people of all faith backgrounds.

Being true to the ecumenical and interfaith aspects of our mission can be challenging. But we believe it is a challenge worth engaging in. Our goal, consistent with our identity as a Catholic apostolate rooted in Ignatian Spirituality, is to honor each person's spiritual path, recognizing that in honoring these many and various paths, we enrich our own spiritual journey as well.



UPCOMING ISC PROGRAMS and RETREATS



Discernment 101: **Ignatian principles for prayerful decision- making**

Discover or rediscover a unique gift of Ignatian spirituality— St. Ignatius’ time-tested guidelines for the discernment of spirits. Join presenter **Marilyn Nash** (Seattle University Campus Minister) and others to better understand the basics of Ignatian discernment, so that you might see more clearly what God may be calling you to do in the big & small decisions of life.

Thursday, September 28, 2017 | 7:00-8:45 pm
St. Joseph Parish Center, Seattle
Marilyn Nash, Presenter

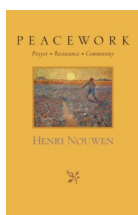
This Ignatian Life: **A series on Ignatian spirituality in daily life and culture**



Now in its second year, our *This Ignatian Life* series consists of “acts” that help you look at relevant issues of our time through an Ignatian lens. Come to this, or our spring event, to prayerfully reflect on this Ignatian life of ours!

Act I: Ignatian Contemplation and Discernment ***“For Such a Time as This”***

Saturday, October 28, 2017
9:00 am Social | 9:30 am-12:00 pm Program
St. Joseph Parish Center, Seattle
Patty Bowman and Michael Ramos, Presenters

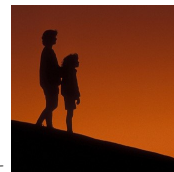


Peacework by Henri Nouwen: **A book group on developing a spirituality for peacemakers**

In these difficult times of fear, anxiety, war, and terrorism, we need Henri Nouwen’s message of peace more than ever. Join us to reflect on Nouwen’s book ***Peacework: Prayer + Resistance + Community***. With the guidance of a skilled facilitator, join in prayer and reflection on the book with others who desire to be contemplatives in action by praying and working for peace.

4 Mondays, November 6, 13, 20, 27, 2017 | 7:00-8:30 pm
Seattle Preparatory School (Adelphia Memorial Hall), Seattle

Parenting in an Ignatian Spirit: **Small Group Reflection for Parents**



This small group invites you as a parent to reflect on how the multiple roles you play in your life intersect with your deepest sense of yourself and your understanding of God. Over the course of seven monthly gatherings, you and fellow parents will come to an awareness of the spiritual foundations of your parenting, share experiences in a small group, and develop Ignatian-inspired practices to ground you in moments of challenge.

2nd Monday (exception asterisked) of the month*
Nov. 13, Dec. 11, Jan. 8, Feb. 12, Mar. 12, Apr. 16, May 14*
7:00-9:00 pm at St. Joseph Parish Center, Seattle
Jennifer Tilghman-Havens, Facilitator

In the Steps of Ignatius: **Ignatian Spirituality for Men** *2017-2018 “Bursting Our Bubbles”*



Responding to today’s culture of polarization, lack of respectful civic discourse, relative isolation from people with different worldviews, and failure to reach practical solutions, this year’s men’s spirituality series will focus on the Ignatian charism of dialogue. Join other men for a daylong retreat to reflect deeply on what Ignatian-inspired dialogue means in today’s context, what are the obstacles, with whom we are called to dialogue, and how to take those first steps.

I: Cultivating the Ignatian Charism for Dialogue— **A Men’s Day of Reflection**

Saturday, November 18, 2017
9 am-3 pm at Seattle Preparatory School, Seattle

Two dialogues will follow in the Winter and Spring 2018.
Contact andrea@ignatiancenter.org for more information.



An Advent Evening of Prayer

Enter more fully into the rich meanings of the holiday season by joining us for this year’s contemplative ecumenical Advent Evening of Prayer. Allow yourself to let go of some of the “shoulds” of the season; simply rest in prayer, word, art, music, imagination and silence.

Tuesday, December 12, 2017
7:00 pm at Seattle First Baptist Church

HIGHLIGHTS of ISC OUTREACH

Recovery Café: *Holding What Gives Life*

The ISC and the Recovery Café continue collaborating as we offer another book series this Fall. We will be reading “Sleeping with Bread” by Dennis, Sheila and Matthew Linn. This book presents a creative simplification of the Ignatian examination of conscience as a way to find daily direction, experience emotional and spiritual growth, and grow closer to both God and one's inner self. The Café members continue to inspire us and each other with their commitment to healing and compassion for one another.



Starting Thursday, September 21, 2017
12:45pm at the Recovery Café, Seattle

The Way of Companionship: *Training for Companions of Those in the Margins*



This morning will offer a clear language and compassionate approach to companionship. Together we will explore 5 core practices anyone can apply to support individuals on the road to healing, recovery and wholeness.

Anyone working with or considering a closer connection with people in society's margins will benefit from this day.

Saturday, November 4, 2017
9:00 am-12:00 pm at St. Joseph Parish Center, Seattle
Carolyn Hickman, Presenter

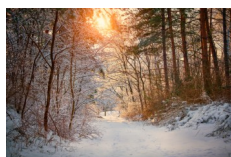
Companions for the Journey: *Spiritual Direction for Jesuit Volunteers*

The ISC will continue to offer support to the Jesuit Volunteers in Seattle by providing them the option of being connected with spiritual directors during their year of service in the Seattle area. We will also offer our connection service to members of *Encorps* (JVE), volunteers over the age of 50 who serve people living in society's margins.

Solidarity In Service: *A Morning of Reflection for Volunteers*

This day is offered to enrich and support those serving people in the margins in their faith communities. The retreat is an opportunity to connect faith, spirituality, hospitality and a shared sense of mission, using the lens of Ignatian Spirituality. All are welcome!

Saturday, February 3, 2018 from 9:00 am-12:00 pm
For more information, email info@ignatiancenter.org.



Examen at the Turn of the Year: A Winter Day of Reflection

When the hectic holiday season dies down, we invite you to join us at the turn of the calendar year for a day of reflection. This quiet personal mini-retreat includes presentations leading you through four movements of an Examen, reflection questions, and abundant time for prayer and journaling—all designed to help you reflect back on the previous year and look ahead to the new year with hope.

Saturday, December 30, 2017
9 am-3 pm at St. Joseph Parish Center, Seattle
Mary Hartrich, Presenter



The beauty of retreats is that they provide us an entry into rest, reflection, and renewal. Sometimes when we are most busy or overwhelmed is when we need to step away the most,

yet find it hard to do. This year, Ignite invites and encourages adults in their 20's and 30's to join us for 3-hour evening retreats in the midst of daily life. This format is accessible, and easy to schedule even during the work or school week. Join us and bring a friend!

Finding God in Busy Moments

Thursday, October 26, 2017
6-9PM at St. Joseph Parish Center, Seattle

Finding God in Silence

Thursday, February 22, 2018
6-9PM at St. Joseph Parish Center, Seattle

Finding God through Imagination & Creativity

Thursday, May 24, 2018
6-9PM at St. Joseph Parish Center, Seattle



To learn more about ISC Ignite offerings, email maria@ignatiancenter.org or call (206) 329-4824.

CALENDAR of EVENTS

FALL 2017

Discernment 101:

Ignatian principles for prayerful decision-making

Thursday, September 28, 2017

7-8:45 PM at St. Joseph Parish Center, Seattle

Local Harvest:

A Benefit to Support the ISC

Saturday, October 21, 2017

6-9 PM at Seattle Preparatory School (Great Room), Seattle

(more information on pg. 8)

Ignite Young Adult (20's & 30's) Evening Retreat

Finding God in Busy Moments

Thursday, October 26, 2017

6-9PM at St. Joseph Parish Center, Seattle

THIS IGNATIAN LIFE: A SERIES ON IGNATIAN SPIRITUALITY IN DAILY LIFE & CULTURE

Act I: Ignatian Contemplation and Discernment "For Such a Time as This"

Saturday, October 28, 2017

9 AM Social | 9:30 AM—12 PM Program at St. Joseph
Parish Center, Seattle

The Way of Companionship:

Training for Companions of Those in the Margins

Saturday, November 4, 2017

9 AM—12 PM at St. Joseph Parish Center, Seattle

"Peacework" by Henri Nouwen: A Book Group on developing a spirituality for peacemakers

4 Mondays: Nov. 6, 13, 20, 27, 2017

7-8:30 PM at Seattle Preparatory School (Adelphia
Memorial Hall), Seattle

Parenting in an Ignatian Spirit:

Small Group Reflection for Parents

7 Mondays: Nov. 13 & Dec. 11, 2017, Jan. 8, Feb. 12, Mar.

12, Apr. 16, May 14, 2018

7-9 PM at St. Joseph Parish Center, Seattle

IN THE STEPS OF IGNATIUS:

IGNATIAN SPIRITUALITY FOR MEN

2017-2018 "Bursting Our Bubbles"

I: Cultivating the Ignatian Charism for Dialogue—

A Men's Day of Reflection

Saturday, November 18, 2017

9 AM—3 PM at Seattle Preparatory School, Seattle

Advent Evening of Prayer

Tuesday, December 12, 2017

7 PM at Seattle First Baptist Church, Seattle

Examen at the Turn of the Year:

A Winter Day of Reflection

Saturday, December 30, 2017

9 AM-3 PM at St. Joseph Parish Center, Seattle

WINTER 2018

Ignatian Spirituality 101

Thursday, January 18, 2018

7-8:45 PM at St. Joseph Parish Center, Seattle



Immersion in Ignatian Prayer:

Prayer Practices for Life

3 Sundays: January 21, 28 & February 4, 2018

10:10 am—11:00 am at St. Margaret's Episcopal, Bellevue
OR

5 Tuesdays: January 30 — February 27, 2018

6:30-8:45 pm at St. Joseph Parish Center, Seattle

Solidarity in Service:

A Day of Reflection for Volunteers

Saturday, February 3, 2018

9 AM - 12 PM, location TBD

Ignite Young Adult (20's & 30's) Evening Retreat

Finding God in Silence

Thursday, February 22, 2018

6-9PM at St. Joseph Parish Center, Seattle

Nine Days of Grace:

Novena 2018

Wednesday, March 7—Thursday, March 15, 2018

12:30 PM at the Chapel of St. Ignatius, Seattle University

and 7 PM at St. Joseph Church, Seattle

SPRING 2018

The First Spiritual Exercises

5 Mondays: April 9—May 7, 2018

7-8:30 PM at Seattle Preparatory School, Seattle

***THIS IGNATIAN LIFE: A SERIES ON IGNATIAN
SPIRITUALITY IN DAILY LIFE & CULTURE***

Act II: Ignatian Reflections on Race

Thursday, April 26, 2018

6:30 PM Social | 7 PM Program at St. Joseph Parish Center,
Seattle

Ignite Young Adult (20's & 30's) Evening Retreat

Finding God through Imagination & Creativity

Thursday, May 24, 2018

6-9PM at St. Joseph Parish Center, Seattle

SUMMER 2018

A Midyear Examen:

A Summer Day of Reflection

Saturday, June 16, 2018

9 AM-3 PM at St. Joseph Parish Center, Seattle

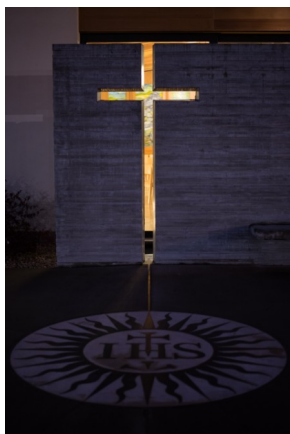
A Pilgrimage of the Heart:

Summer Ignatian Retreat

Friday, July 27—Sunday, July 29, 2018

Palisades Retreat Center, Federal Way

For more details and registration
information,
go to www.ignatiancenter.org
or call 206.329.4824



WARM WELCOME TO NEW ISC BOARD MEMBERS

The ISC Board of Directors welcomes three strongly gifted members this year:



Deanne Calvert has been drawn to Jesuit spirituality since joining St. Joseph Parish in the 1990's. She completed the Spiritual Exercises in Everyday Life and has been a frequent participant in ISC programming such as the Novena of Grace. Deanne is married with a son who attends St. Joseph School. She works as a healthcare public policy advisor for a major corporation. Deanne is particularly interested in building community through women's groups and in giving women tools to help them in their role as one of the first teachers of spirituality to their children.

Gretchen Brennan has engaged with Ignatian spirituality for the past twenty-five years as a member of St. Joseph Church, and as a participant in the retreats and offerings of the ISC and other local Jesuit institutions. She has volunteered with the ISC's outreach partner, Recovery Café, for many years, and recently joined the Seattle University Youth Initiative Task Force. Gretchen is excited to support the ISC's mission of assisting persons of all faiths to serve Christ's mission of compassion, healing and justice. Gretchen and her husband, Sean (Loyola Marymount University graduate), are the proud parents of James and Conor, twin teenage sons attending Seattle Preparatory Academy.



Fr. Julian Climaco, SJ, has been a Jesuit for thirteen years and an ordained priest for two years. He is a member of the newly formed Jesuits West Province of the Society of Jesus and an alumnus of Fordham University in New York and the Jesuit School of Theology of Santa Clara University in Berkeley. Currently serving as the parochial vicar at St. Joseph Parish in Seattle, Fr. Climaco looks forward to collaborating with ISC and supporting their mission of "assisting persons of all faiths to serve Christ's mission of compassion, healing, and justice."



SPIRITUAL DIRECTION SERVICES



Encouraging a Closer Relationship with God

Longing for a more conscious experience of God's presence and love? Spiritual direction can help!

Contact us if you are interested in connecting with a spiritual director.

Carolyn Hickman

carolyn@ignatiancenter.org

206.329.4824

Interested in receiving ISC's monthly eNewsletter for the most up-to-date information?

Visit our website at www.ignatiancenter.org/newsletter and sign up today!

Questions? Email us at info@ignatiancenter.org

Thank You to Our ISC Contributors in 2016-2017

We are so grateful to each and all of you! Without your support, the work of the ISC would not continue. Please let us know if we have inadvertently left your name off this list.



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TO GOD
BE
THE GLORY!

ignatian
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What's Happening at ISC ...

- ISC Ecumenical & Interfaith Mission
- Upcoming Programs & Retreats
- Highlights of ISC Outreach
- Welcome New ISC Board Members
- Thank You ISC Supporters

The Ignatian Spirituality Center & Seattle First Baptist
invite you to an

Advent Evening of Prayer

Tuesday
December 12
7:00 pm

contemplate
wonder
listen
rest



Seattle First Baptist

1111 Harvard Avenue, 98122

Free parking & free will offering



www.ignatiancenter.org

*Please Join Us for a Festive Evening
in Support of the Ignatian Spirituality Center*

LOCAL HARVEST



Saturday, October 21, 2017 6:00-9:00 pm
Seattle Preparatory School
Navone Great Room
2400 11th Avenue East

\$75 per person
RSVP on enclosed card or through our website:
www.ignatiancenter.org
by October 6, 2017

Space is limited

Artwork by Gianna Patchen