

THE IGNATIAN SPIRITUALITY CENTER INVITES YOU

SUMMER IGNATIAN RETREAT

A GUIDED PERSONAL RETREAT BASED ON
**THE SPIRITUAL EXERCISES
OF ST. IGNATIUS**

JULY 26-28

**ARCHBISHOP BRUNETT RETREAT CENTER AT THE PALISADES
FEDERAL WAY, WA**

Rest, renew your soul, and soak in silence on the shores of Puget Sound with this 3-day guided silent Ignatian retreat, based on the Spiritual Exercises of St. Ignatius, with time for silent reflection, individual spiritual direction, prayer, and sharing in the Eucharist. Adults of all ages, faith traditions and spiritual backgrounds are welcome, especially those with an openness to the Ignatian contemplative tradition.

For more info and to register, scan QR code or visit

**[https://www.ignatiancenter.org/
summer-ignatian-retreat-2024](https://www.ignatiancenter.org/summer-ignatian-retreat-2024)**

Please register by July 7

Questions? Maria@ignatiancenter.org (206) 329-4824

