

THE IGNATIAN SPIRITUALITY CENTER INVITES YOU TO
Nourish & Be Nourished
A Morning Retreat
for Parents and Caregivers



SATURDAY, NOVEMBER 11, 2023
9 AM - 12 PM PT
ONLINE VIA ZOOM
CAMERON BELLM, PRESENTER



Join us for a morning of prayer, reflection, and renewal to nourish our spirits as we nourish our children. Our time together will include Ignatian contemplation of Scripture, creative approaches to prayer, and the opportunity to share the joys and challenges of caregiving in a loving community. This retreat is for anyone who identifies as a parent or caregiver of children.

For more information and to register, visit
<https://www.ignatiancenter.org/nourish-be-nourished>
Please register by Wednesday, November 8



Questions?
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