

Novena of Grace Renew Us in Your Spirit

March 8 - 16, 2022

Weekdays at 6:30pm PST

Weekends at 1:00pm PST

Mass will be celebrated on Wednesday, March 9 & Sunday, March 13.

Attend any or all of the days in-person, or pray the audio retreat online.

Tuesday, March 8th
Tammy Liddell

Wednesday, March 9th
Fr. Greg Celio, S.J.

Thursday, March 10th
Leonetta Elaiho

Friday, March 11th
Will Rutt

Saturday, March 12th
Jeanette Rodriguez, PhD

Sunday, March 13th
Fr. Ryan J. Rallanka, S.J.

Monday, March 14th
Bei Bernal

Tuesday, March 15th
Bill Hallerman

Wednesday, March 16th
Anna Johnson

WELCOME TO THE NOVENA OF GRACE!

Francis Xavier was sent forth by Ignatius of Loyola, founder of the Jesuits, to “set all afire” over 475 years ago. The Novena began in 1633 when Saint Francis Xavier appeared to the priest Marcellus Mastrilli in a healing vision and promised that all who would earnestly ask his intercession with God for nine days would experience profound grace.

This nine-day Lenten retreat, open to persons of any faith tradition or spiritual background, affords time for prayer, reflection, intercession, opening oneself to God’s Spirit, and experiencing the grace that rejuvenates and transforms our lives. We are invited to remember that God meets each of us just where we are, and we can ask God for what we need.

People coming to the Novena of Grace often pray for spiritual and physical healing, for reconciliation in their relationships, as well as for a deeper sense of discerning one’s call in life. At its essence, these nine days are about deepening our relationship with God and opening to the healing love and mercy that God offers.

The use of relics to bless participants at the end of our liturgy can be understood as a visible means of connecting us to the saints who continue to be present to us. When we have lost a loved one, going to their places or touching their favorite things evokes reverence, affection and connection to them. In a similar way, we pray with the physical remains as a tangible reminder of the Communion of Saints.

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DAILY READINGS AND GRACES

1

Tuesday, March 8

Isaiah 55:10-11
Psalm 34:4-5, 6-7, 16-17, 18-19
Matthew 6:7-15

*We pray for the grace of
Magis, that God will expand
our hearts and gifts
to feed a hungry world.*

2

Wednesday, March 9

Jonah 3:1-10
Psalm 51:3-4, 12-13, 18-19
Luke 11:29-32

*We pray for the grace to
be open, so that we may
hear the voice of God in our
lives.*

3

Thursday, March 10

Esther C:12, 14-16, 23-25
Psalm 138:1-2ab, 2cde-3, 7c-8
Matthew 7:7-12

*We pray for the grace of
courage to feel and hold all
the pains of our lives,
knowing that we do so
with the help of God.*

4

Friday, March 11

Ezekiel 18:21-28
Psalm 130:1-2, 3-4, 5-7a, 7bc-8
Matthew 5:20-26

*We pray for the grace to
embrace discomfort,
encouraging us to lean
into relationship and
take risks together.*

5

Saturday, March 12

Deuteronomy 26:16-19
Psalm 119:1-2, 4-5, 7-8
Matthew 5:43-48

*We pray for the grace of
greater intimacy with the
Holy One, discerning the
attachments that prevent
relationship with ourselves,
others, and God.*

6

Sunday, March 13

Genesis 15:5-12, 17-18
Psalm 27:1, 7-8, 8-9, 13-14
Philippians 3:20—4:1

*We pray for the grace to
know Jesus more clearly, to
love Him more dearly, and to
follow Him more nearly.*

7

Monday, March 14

Daniel 9:4b-10
Psalm 79:8, 9, 11 and 13
Luke 6:36-38

*We pray for the grace of
compassion and mercy
especially to those who we
deem undeserving of it.*

8

Tuesday, March 15

Isaiah 1:10, 16-20
Psalm 50:8-9, 16bc-17, 21 & 23
Matthew 23:1-12

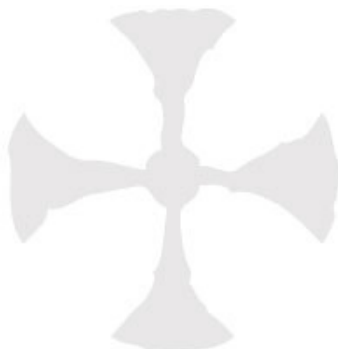
*We pray for the grace to be
faithful to our work of justice
and service, especially when
our resiliency seems to fade.*

9

Wednesday, March 16

Jeremiah 18:18-20
Psalm 31:5-6, 14, 15-16
Matthew 20:17-28

*We pray for the grace we
need to take our next steps
in solidarity towards
God's Kin-dom.*



Please turn off your cell phones.

THE INTRODUCTORY RITES

Story of St. Francis Xavier & Prayer for Daily Grace

Entrance/Gathering

Please stand, as able. Please join in signing:

Holy Spirit, We're Calling You

Verse 1

1. For the healing of the world, for the healing of the nations,
Lord, we pray with one voice, one song for all the earth.
For the healing of our lives, all the broken, all who sorrow,
fill our hearts with the peace that only you can give.

Refrain

Ho-ly Spir-it, we're call - ing you.

Spir-it, we're call - ing you. A-live in our world,

move with-in us. Spir-it, we're call - ing you.

The musical notation is written on three staves in a 4/4 time signature with a key signature of two flats (B-flat and E-flat). The melody is simple and suitable for congregational singing. The lyrics are placed below the notes, with hyphens indicating syllables that span across multiple notes.

Verse 2

2. Come and grant your wisdom, Lord, to the leaders of the nations.
May their hearts and their lives reflect the love of Christ.
And may we, your children, Lord, be your messengers of mercy,
may our hearts and our lives be rooted in your love.

Bridge

Let the peace of God surround us where we are.
Let the peace of God surround us when we call.
Let the peace of God surround us,
let the peace of God surround us where we are, where we are.

Verse 3

3. May we be a living sign showing all the world your presence.
May we be for the world the hands and feet of Christ. *Refrain*

Text: Ed Bolduc, b.1969
Tune: Ed Bolduc, b.1969
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Greeting

Penitential Act

Collect/Opening Prayer

THE LITURGY OF THE WORD

First Reading

Please be seated.

Responsorial Psalm

Please join in singing the refrain when the cantor indicates:

Wednesday, March 9th

Psalm 51

This Alone

Tim Manion

One thing I ask: this a-lone I seek: to
dwell in the house of the Lord all my days. For one
day with-in your tem - ple heals ev - ery day a - lone. O
Lord, bring me to your dwell - ing.

Sunday, March 13th

Psalm 27

Create in Me

Robert McCaffery-Lent

Cre - ate in me a clean heart, O God. Cre - ate in
me a clean heart, O God. Cre - ate in me a clean
heart, O God. And cleanse me from all of my sin.

Second Reading

Wednesday, March 9th and Sunday, March 13th only.

Lenten Gospel Acclamation

Stephen Pishner

Please stand, as able. Please join in singing the refrain:

Praise and hon - or to you, O Lord, O Lord.

Praise and hon - or to you, Lord Je - sus Christ.

Gospel

Please stand, as able.

Presenter's reflection

Please be seated.

Personal reflection

There will be a period of quiet reflection.

You may wish to use these questions to guide your reflection:

What is stirring in my heart?

What is challenging me?

OR

In what ways do I turn away from God, others and my own self? In what ways do I desire God's spirit of love, healing, or mercy upon my heart and life today?

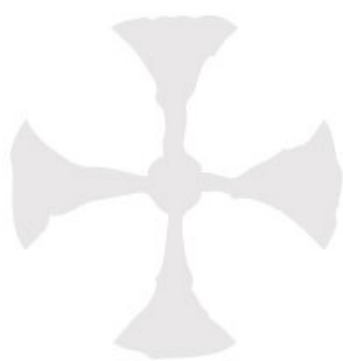
Profession of Faith

Wednesday, March 9th and Sunday, March 13th only.

Universal Prayer O Lord, Hear My Prayer Jacques Berthier

You may submit your written petitions into the baskets found at the entrance. Please stand, as able. Please join in singing the refrain.

The musical score is written for voice and piano. It consists of three systems of music. Each system has a vocal line in the treble clef and a piano accompaniment in the bass clef. The key signature is one sharp (F#) and the time signature is common time (C). The lyrics are: "O Lord, hear my prayer, O Lord, hear my prayer: when I call an - swer me. O Lord, hear my prayer, O Lord, hear my prayer. Come and lis - ten to me. O". The score includes repeat signs and a double bar line at the end of the third system.



Novena Prayer with Saint Francis Xavier

Please kneel, as able.

Presider: Francis, you offer to be our companion
as we bring our needs to God, and so we pray:

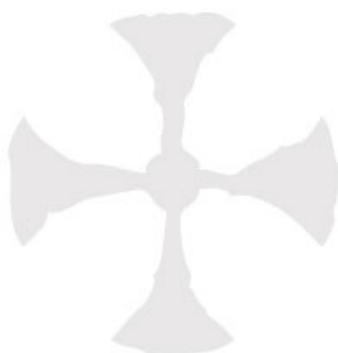
All: Gracious and loving God,
we join with our brother Francis
to give you thanks and praise.

We ask that we might live as he did,
loving so completely those who are sick,
forgotten, foreign or who feel alone.
We pray that our hearts be united with you through all
our days.

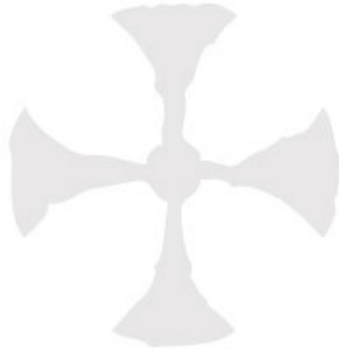
And because you have told us to ask, to seek and to
knock,
once again with Francis we come to you
with our hopes and longings.

*(pause for silent personal
prayer)*

Loving God, hear our prayers and answer us
according to your wisdom and compassion,
for you make all things work together for good.
Amen.



Contemplative Prayer Service continues on page 10.



THE LITURGY OF THE EUCHARIST

Presentation of the Gifts and Preparation of the Altar

Please be seated.

Presider: Pray, brothers and sisters...

Assembly: May the Lord accept the sacrifice at your hands for the praise and glory of God's name, for our good, and the good of all God's holy Church.

Prayer over the Offerings and the Eucharistic Prayer

Please stand, as able.

Presider: The Lord be with you.

Assembly: And with your spirit.

Presider: Lift up your hearts.

Assembly: We lift them up to the Lord.

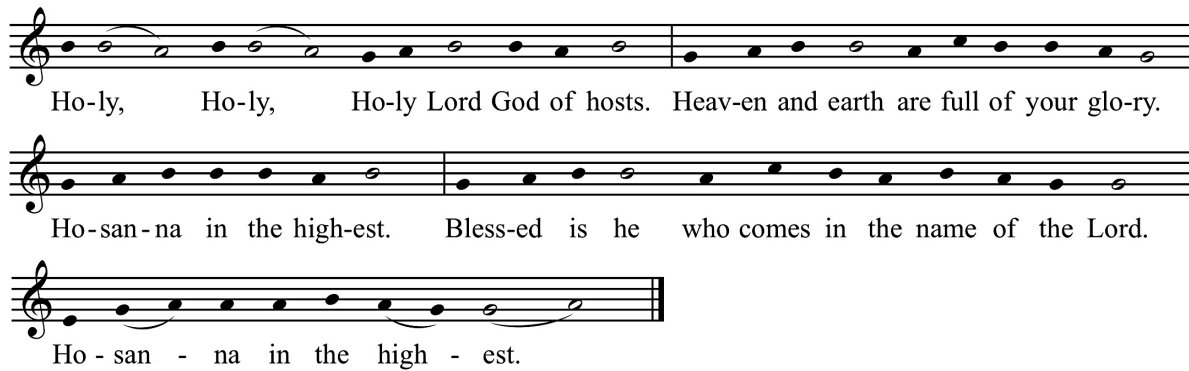
Presider: Let us give thanks to the Lord our God.

Assembly: It is right and just.

Sanctus

Chant Mass XVIII

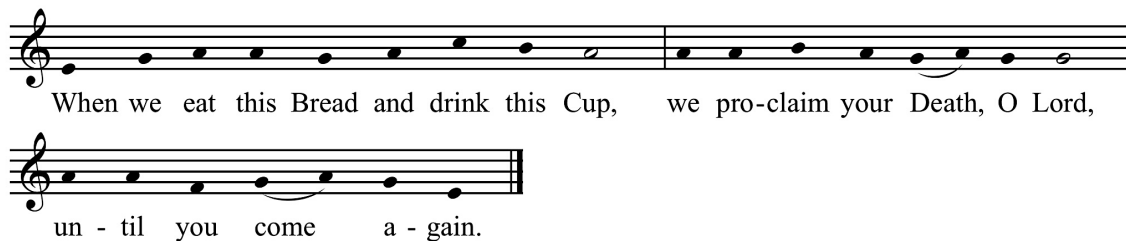
Plainchant



Ho-ly, Ho-ly, Ho-ly Lord God of hosts. Heav-en and earth are full of your glo-ry.
Ho-san-na in the high-est. Bless-ed is he who comes in the name of the Lord.
Ho - san - na in the high - est.

Mystery of Faith

Plainchant



When we eat this Bread and drink this Cup, we pro-claim your Death, O Lord,
un - til you come a - gain.

Amen

The Lord's Prayer

All: Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

Presider: Deliver us, Lord, we pray... the coming of our
Savior, Jesus Christ.

All: For the kingdom, the power,
and the glory are yours, now and forever.

Sign of Peace

Presider: The peace of the Lord be with you always.

All: And with your spirit.

Agnus Dei

Plainchant

A-gnus De - i, qui tol - lis pec - ca - ta mun - di: mi - se - re - re no - bis.

A-gnus De - i, qui tol - lis pec - ca - ta mun - di: mi - se - re - re no - bis.

A-gnus De - i, qui tol - lis pec - ca - ta mun - di: do - na no - bis pa - cem.

Invitation to Communion

Presider: Behold the Lamb of God, ...

Assembly: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Communion

Everyone is invited to come forward today. If you choose not to receive communion, you are invited to receive a blessing—simply indicate your desire for a blessing by placing your hand over your heart.

Also, gluten-free hosts are available. If you would like one, simply go to the priest and ask to receive one during communion.

Prayer after Communion

CONCLUDING RITES

Announcements

Please be seated.

Blessing and Dismissal

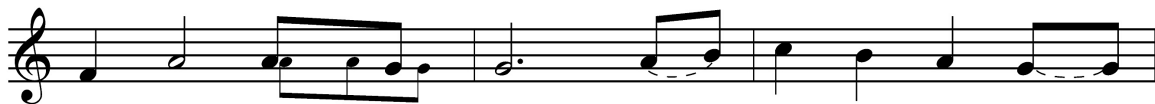
Please stand, if able.

Closing Song

M. D. Ridge



1. In God's time, peace³ will come. In__
2. In God's time, heal-ing will come. In__
3. In God's time, joy will re - turn. In__
4. In God's time, hun - ger will cease. In__
5. In God's time, jus - tice will reign. In__
6. In God's time, love will pre - vail. In__
7. In God's time, the trum-pet will sound, and in



1. God's time, peace³ will come. We__ can - not wait till__
2. God's time, heal-ing will come, but un - til that time we must
3. God's time, joy will re - turn, but un - til that time we must
4. God's time, no one will thirst, but un - til that time we must
5. God's time, jus - tice will reign, but un - til that time we must
6. God's time, love will pre - vail, but un - til that time we must
7. God's time, we will rise. God will ask us then what we've



1. then to build the king-dom, but in God's time, peace³ will come.
2. care for those who suf - fer, and in God's time, heal-ing will come.
3. com - fort those in sor - row, and in God's time, joy will re - turn.
4. serve the needs of oth - ers, and in God's time, hun - ger will cease.
5. chal-lenge ev - 'ry ty - rant, and in God's time, jus - tice will reign.
6. love the ones who hate us, and in God's time, love will pre - vail.
7. done to build the king-dom, and in God's time, we will rise.

M. D. Ridge
Text and music © 2012, WLP

Individual Prayer with a Prayer Minister (optional)

If you would like to offer a prayer intention, you are invited to come forward to one of the prayer ministers at the end of the service. They will be located on the sides of the altar, spaced apart with the relics on display.

Share clearly with the minister your prayer intention/s. The minister will say a short prayer or blessing with the relic nearby as a sign of joining with the Communion of Saints to lift up your intention/s to God. We kindly ask that you please practice some social distance. Thank you!

WHO WAS ST. FRANCIS XAVIER?

Francis Xavier traveled thousands of miles under the most harrowing conditions to India, Malaysia, Indonesia and finally Japan. He sought out the poor and sick, ministering to their needs, teaching the faith, and spending much of each night in prayer. His life of service, preaching the word of God's love, as well as personally helping those in need, made an enduring impact. He experienced the great disillusionment and discouragement of having to work alone, experiencing much of the same challenges we do in trying to live a faithful life. St. Francis Xavier is the Patron of Foreign Missions.



PRAYING THE NOVENA OF GRACE AT HOME

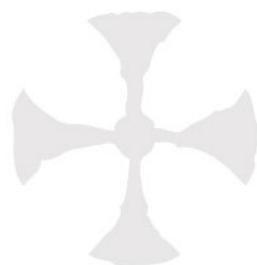
You do not have to be physically present to pray with the community of faith during this Novena of Grace. Wherever you are, you are invited to pray intentionally as part of the communion of saints.

Our theme this year is “Renew Us in Your Spirit.” In the spirit of Ignatian retreats, this nine-day Lenten retreat offers graces to be prayed for to support the theme of the daily readings (see p. 1) and as a foundation for the presenters’ reflections. **You can find the reflections online at ignatiancenter.org/novena.** You can use the Novena prayer card to help you pray this retreat at home.

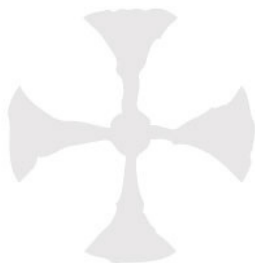
You may want to include the following suggestions as they are helpful:

Be aware of God’s presence. Acknowledge your personal journey with God.

- Pray for the grace of the day. Pray to receive what you most truly need and desire. Expect a response to prayer. Be open to God’s surprise!
- Sing the Opening Song.
- Reflectively read the daily scripture. Listen to or read the presenters’ daily reflection online. Savor what stirs in your heart.
- Offer your own prayer intentions. Pray for peace within and without. Pray for others, for friends and relatives, the community, and for yourself. Pray for a right relationship with all of God’s creation.
- Pray the Novena Prayer with St. Francis Xavier (p. 6).
- Take silent listening time or reflect in a journal. Use the reflection questions on p. 4, or pray a simple Examen — **What moment today was most life-giving? What moment today was the most life-draining?**



MY NOVENA REFLECTIONS



GOODWILL OFFERING

We rely on the generosity of all those who have been touched by this Novena of Grace to ensure its continuation from year to year. Throughout the nine days, there will be envelopes and a basket for your goodwill offering. Please consider making a donation that reflects your ability to give and your gratitude for this special nine-day retreat.

Some of you may be able to give a few dollars each day, while some may be able to give \$50 or more for each day. Every gift is appreciated and supports this Lenten retreat in everyday life, and the important work of the Ignatian Spirituality Center.

Novena donations may also be sent directly to the Ignatian Spirituality Center, 732 18th Avenue East, Seattle, WA 98112 or you can submit your donation securely online through PayPal, or scanning the QR Code below. Visit ignatiancenter.org/novena for more info.

The work of the ISC depends on your donations. Thank you for prayerfully considering a gift to the Ignatian Spirituality Center!

Donate Now!



Ignatian Spirituality Center

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