ignatian spirituality center

## Immersions in Ignatian Prayer

## TUESDAYS, OCTOBER 5, 12 & 19, 2021 6:30 - 8:00 PM PDT

Online via Zoom

Megan Kush, Carla Orlando, Trung Pham SJ, Presenters

## For more information and to register, visit www.ignatiancenter.org/immersions-in-ignatian-prayer

Please register by Monday, September 27th

Feeling a nudge to develop a contemplative prayer practice – one that "sticks"? Looking for creative ways to stay engaged actively in prayer? Curious by how your senses can play a role in prayer? If so, join us for a three-part series and together we will explore a variety of Ignatian prayer forms that you can integrate into your daily life.

This program is for anyone new to or somewhat familiar with Ignatian spirituality. If you have experience with Ignatian spirituality and would like a refresher, we welcome you to attend!

## Questions? Contact maria@ignatiancenter.org (206) 329-4824