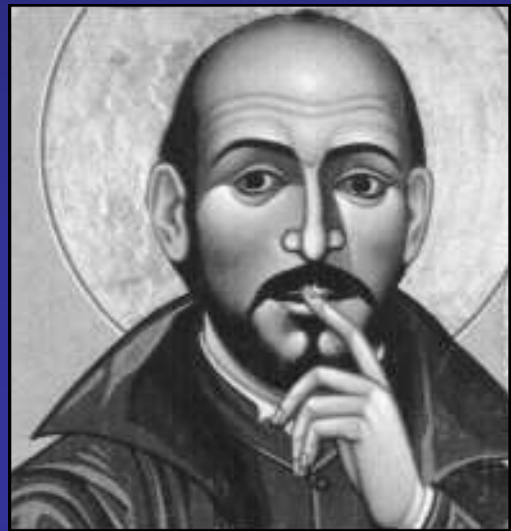


The Ignatian Spirituality Center  
invites you to join us for

## An Evening Introduction to Ignatian Spirituality

Wednesday, January 20th  
6:30 - 8:00 pm  
Recovery Café  
2022 Boren Ave. Seattle



St. Ignatius of Loyola



Learn some of the key elements of Ignatian Spirituality, Experience Ignatian Prayer, and find out about many of the local opportunities including:

Programs and Services offered by the Ignatian Spirituality Center:

- \* Praying the Gospel of John \* Discernment Series \* Novena of Grace \*
- \* Ignatian Eco-Spirituality Series \* Spiritual Direction Services \*
- \* SEYA (Spiritual Enrichment for Young Adults) \* Intro to Lectio Divina \*
- Program Outreach & Ministry in the Margins \* and MORE!

Free. No registration necessary

[www.ignatiancenter.org](http://www.ignatiancenter.org) / [info@ignatiancenter.org](mailto:info@ignatiancenter.org) / (206) 329-4824