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*Administrative Support*

*Located at*  
St. Joseph Parish Center  
732 18th Ave E  
Seattle WA 98112

(206) 329-4824

[www.ignatiancenter.org](http://www.ignatiancenter.org)

## ISC INTRODUCES A NEW LOGO

You may have noticed that the look of our newsletter has been changing. For several years we have considered updating the original ISC logo, which was drawn by one of our founding co-directors, Fr. Patrick O'Leary, SJ, in the center's very early days. This original logo expressed our rootedness in the Pacific Northwest, depicted through the mountain framed by the sun, under which was inscribed the phrase "*God's Greater Glory*", translated from the Latin, "*Ad Majorem Dei Gloriam*", an essential element of the spirituality of St. Ignatius of Loyola. We will continue to honor and preserve the significance expressed in the original design throughout our work at ISC, and we are quite thrilled with the design created for our new logo. It reflects and expresses the emphasis on the cross of Jesus as central, and its combination of both traditional and modern elements express our commitment to bring forth both the Ignatian *tradition* as well as its *vision*. It also allows people to refer to our organization as either ISC or the Ignatian Spirituality Center. You will be seeing this beautiful new logo on our newsletter, website, stationary, flyers and various materials you receive from us.

## FOND FAREWELLS and WARM WELCOMES

As we begin a new year at ISC we wish to again acknowledge and thank two beloved and extremely gifted ISC Staff Members: Christine Paintner and Deb Lucas. Christine has moved on to devote more time to writing and promoting her books, and to developing her *Abbey of the Arts* website, classes, and workshops. Deb has returned home to Connecticut, to pursue an advanced degree in Pastoral Counseling and be in closer proximity to her fiancé, Martin, and family. Although we miss each of them a great deal, we are simultaneously delighted at how each of their ministries and lives are unfolding.

We also want to express our sincere thanks to Greg McNabb for his expertise and support with our budget and financial planning and for his generous service as ISC Board Member for these past four years, and to recent Seattle University Graduate, Emily Cohen, who served on our board this past year.

It has been a privilege and a delight to welcome three new part time members to the staff of the Ignatian Spirituality Center.

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## ISC PROGRAM HIGHLIGHTS

### Introduction to Ignatian Spirituality

The gifts of St. Ignatius and the riches of Ignatian prayer and spirituality have so much to offer us and the world. If you are interested in getting to know St. Ignatius and in understanding Ignatian spirituality better, this evening will introduce you to some key elements of Ignatian spirituality and offer you an experience of Ignatian prayer. It includes an overview of programs and services offered by the Ignatian Spirituality Center and other local organizations rooted in the Ignatian tradition.



*Monday, October 4, 2010 7:00-9:00 pm  
St. Joseph Parish Center  
Ignatian Spirituality Center Staff, Presenters*

*This will also be offered in Winter 2011.*

### Ignatian Prayer Experience

Deepen your spiritual roots...ground yourself in a consistent personal prayer practice... discover prayer methods to incorporate into your busy life...experience the support of a small faith community. If any of these call out to you, consider gathering with a small group for an “Ignatian Prayer Experience”. You will learn various prayer forms from St. Ignatius, including scriptural meditation, imagination in prayer, prayer review, and the Examen. You will explore the methods that work best for you with the support of other group members. You will receive group spiritual direction guided by experienced facilitators **Rosanne Michaels** and **Don Manning**. Come enrich your life of prayer!

*6 Monday evenings,  
October 11-November 15, 2010  
6:30-9:00 pm  
St. Joseph Parish Center  
Rosanne Michaels & Don Manning, Facilitators*

### Advent Evening of Prayer

We are excited to announce that two-time Novena presenters **Jennifer Kelly** and **Fr. Paul Fitterer, SJ** will unite again to lead us in an evening of quiet reflection and prayer to nourish and renew your spirit during the Advent season of holy longing.

*Thursday, December 9, 2010 | 7:00 pm  
St. Joseph Church  
Jennifer Kelly and Fr. Paul Fitterer SJ, Presenters*

### Discernment Series

Would you like to developing a practice of listening for God in your life choices and responding in faith? Looking for an inner compass in confusing times? If so, please join a small group to prayerfully consider guidelines for discernment taught by St. Ignatius and to learn a process to integrate listening for God’s presence in your life decisions.

*6 Tuesday evenings, January 11-February 15, 2011  
6:30-9:00 pm | Seattle University  
Marilyn Nash and Fr. Mike Bayard, SJ, Facilitators*

### Lightworks

Have you been interested in experiencing the Spiritual Exercises of St. Ignatius, but know your life is just a little too busy at this time to make a full 8–9 month commitment? Are you someone who has already made the Spiritual Exercises, but would like to refresh or renew that experience in light of your current life experience? If so, **Lightworks** offers a “lighter” version of the full Spiritual Exercises of St. Ignatius in 12 sessions. Each evening will include a presentation, time for individual reflection, small group conversation, closing prayer and ritual. This year, **Bev Austin** and **Deacon Steve Wodzanowski** will grace us with their leadership and facilitation.

*12 Thursday evenings, February 17 – May 12, 2011  
7:00-8:30 pm | St. Joseph Parish Center  
Bev Austin and Steve Wodzanowski, Facilitators*

## Companioning Those in the Margins with Craig Rennebohm

*Approaching each other as human beings and souls of infinite worth and value.*



Has your heart been moved by compassion for those suffering? Do you feel moved to respond, but are unsure of how to begin? Craig has developed a clear language and compassionate approach

to companionship. All are invited to attend. Follow up small groups will be offered to support your discernment. See our [www.ignatiancenter.org](http://www.ignatiancenter.org) for more details.

*Saturday, November 6, 2010*

*9:00 am to 12:00 pm*

*St. Joseph Parish Center | Craig Rennebohm, Presenter*

## Recovery Café *Summer Book Series*



This last summer we shared “Stories” by John Shea with Recovery Café members. Using the book and accompanying videos, we engaged in lively discussions

and our own storytelling to touch the deeper spiritual experiences in us all. Upcoming programming at the Recovery Café will include a discernment series and potential Lenten book series. *Watch for details.*

## Chief Seattle Club *Listening to the Spirit*

The ISC has also coordinated the facilitation of weekly prayer experiences at the Chief Seattle Club this past year. We will continue to dialog with the Club staff and members about programs that supports their mission and desires.



## SEYA Spiritual Enrichment for Young Adults

*Young adults yearn to live life fully and intentionally to help contribute towards the well-being of their immediate community and the world at large. In the hope of strengthening encounters with God’s palpable grace, SEYA offers opportunities for young adults to reflect on their life experience and place in community.*

SEYA King County Throughout the 2009-2010 season, young adults gathered and attended Spirituality on Tap events titled: “*Being Green: the underlying spiritual wisdom of the*

*green movement,*” “*The Examen as a Living Practice,*” “*Getting a Life: How to Find Your True Vocation*” co-sponsored with MAGIS, a Justice Café co-sponsored by the Intercommunity Peace and Justice Center on the topic: “*Peacemaking and Non-Violence,*” a Mini Art Retreat: “*Expanding the Heart Through Gratitude,*” and in May: “*The Spirituality of Play.*” These events were held at various locations, including: St. Joseph’s Parish Center, Piccora’s Pizza on Capitol Hill, Mosaic Coffeehouse in Wallingford, St. Patrick’s Social Hall and Alki Beach..

Moving forward to the Fall 2010 season, Marilyn Nash returned to start off SEYA’s first event on *Contemplative Discernment.* SEYA is also excited to present an evening on the stewardship and spirituality of money, and another on the roots of “Sabbath” and what it means in light of today’s culture and time. In December, Sr. Cathy Beckley, SNJM, will lead an evening that will help us discover our “deepest desires”.

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## FALL EVENTS 2010

### Introduction to Ignatian Spirituality

*Monday, October 4, 2010*

*7:00-9:00 pm*

St. Joseph Parish Center

Ignatian Spirituality Center Staff, Presenters

### Ignatian Prayer Experience

*6 Monday evenings*

*October 11-November 15, 2010*

*6:30-9:00 pm*

St. Joseph Parish Center

Rosanne Michaels & Don Manning, Facilitators

### Finding God in Money: A Spirituality of Finance

*Thursday, October 21, 2010*

*7:00-9:00 pm | Sacred Heart Parish Fellowship Room*

SEYA (Spiritual Enrichment for Young Adults)

John Hickman, Facilitator

### Engaging Spirituality: Out to the Light

*Tuesdays, November 2-December 14, 2010*

*6:30-9:00 pm*

St. Joseph Parish Center

Cathy Murray and Jim Hoover, Facilitators

### Companioning Those in the Margins

*Saturday, November 6, 2010*

*9:00 am to 12:00 pm | St. Joseph Parish Center*

Craig Rennebohm, Presenter

### Taking Sabbath in Our Daily Lives

*Thursday, November 18, 2010*

*7:00-9:00 pm | Green Bean Coffeehouse, Wallingford*

SEYA (Spiritual Enrichment for Young Adults)

Tim Malone, Facilitator

### Discovering Our Deepest Desires

*Thursday, December 2 or 16, 2010 TBD*

SEYA (Spiritual Enrichment for Young Adults)

Cathy Beckley, SNJM, Facilitator

### Advent Evening of Prayer

*Thursday, December 9, 2010*

*7:00 pm | St. Joseph Church*

Jennifer Kelly and Fr. Paul Fitterer SJ, Presenters

## WINTER EVENTS 2011

### Discernment Series

*6 Tuesday evenings,*

*January 11-February 15, 2011 | 6:30-9:00 pm*

Seattle University

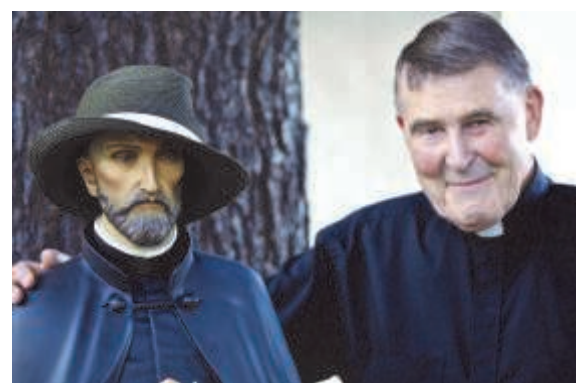
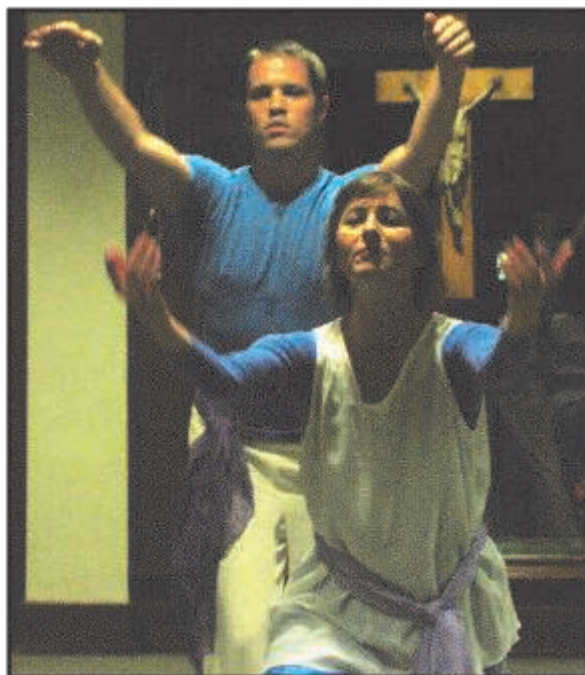
Marilyn Nash and Fr. Mike Bayard, SJ, Facilitators

### Winter Film Series

*4 Friday Evenings*

*January 21, 28, February 4, 11*

St. Joseph Church



Engaging Spirituality: Into the Dark  
Tuesdays, January 18-March 8, 2011  
6:30-9:00 pm  
St. Joseph Parish Center  
Facilitators TBA

The Hopeful Imagination:  
A Spiritual Direction Workshop  
Friday, January 28, 2011 | 9:00 am to 3:00 pm  
St. Joseph Parish Center  
Mary Rose Bumpus, Presenter

Introduction to Ignatian Spirituality  
Thursday, February 3, 2011 | 7:00-9:00 pm  
St. Joseph Parish Center  
Ignatian Spirituality Center Staff, Presenters

Lightworks  
12 Thursday evenings,  
February 17-May 12, 2011  
7:00-8:30 pm  
St. Joseph Parish Center  
Bev Austin and Steve Wodzanowski, Facilitators

Novena of Grace  
Thursday, March 10 – Friday, March 18, 2011  
Seattle University and St. Joseph Church  
Fr. Frank Case, SJ, Jeanie Robinson,  
and John Hickman, Presenters

For further information  
check [www.ignatiancenter.org](http://www.ignatiancenter.org)

## SPRING 2011

Discernment Series  
5 Monday evenings, March 21- April 18, 2011  
6:30-9:00 pm | St. Joseph Parish Center  
Facilitators TBA

Engaging Spirituality: Down to Earth  
Tuesdays, April 26—June 14, 2011  
6:30-9:00 pm  
St. Joseph Parish Center  
Facilitators TBA

Eco-Spirituality Day of Retreat  
Saturday, April 30, 2011  
Details TBA

## SUMMER 2011

Summer Day of Reflection  
Saturday, June 18, 2011  
9:00 am – 3:00 pm  
St. Joseph Parish Center  
Presenters TBA

Summer Ignatian Retreat  
Friday, July 29-Sunday, July 31, 2011  
Palisades Retreat Center

Celebration of the Feast of St. Ignatius  
Sunday, July 31, 2011  
Details TBA

SEYA (continued from page 3)

SEYA Pierce County hosted social events titled “Lenten Fish & Bowling” and “At Table” during this past spring. They look forward to hosting an October Spirituality on Tap with Marilyn Nash on *Contemplative Discernment*, a December Spirituality on Tap facilitated by Gennyn Dennison on the topic “Deepest Desires” at St. Leo’s in Tacoma, and a winter evening at Bellarmine Prep with Jack Peterson.

The ISC would like to thank Lucy Dudley, staff member of St. Leo’s PARISH, for her five years leading and helping to organize the SEYA events in Pierce County. She will stay connected to SEYA and will consult with us as we transition into this 2010-2011 season. Hilda Guiao, ISC’s new SEYA coordinator, will be taking over much of the Pierce County organizing from the ISC office in Seattle.



## A WARM WELCOME to New Staff and Board Members *(continued from page 1)*

Welcome to Andrea Fontana, our new Program Coordinator. Last year, she was Interim Director of Magis: Alumni Committed for Mission at Seattle University. Previously, she worked in Campus Ministry at Seattle University for 8 years. Andrea holds a Master of Divinity with a focus on liturgy, spirituality, and the arts; and a Bachelor of Architecture. She frequently provides liturgical music at local parishes, while enjoying time with her husband Paul and 2 year old daughter, Cecilia.



Welcome to Hilda Guiao, our new SEYA Coordinator. Hilda is a 2007 graduate of Seattle University with a Theology and Religious Studies Degree. She has coordinated and facilitated several young adult gatherings through the Intercommunity Peace and Justice Center, and with Co-Workers, a young adult faith sharing group sponsored by the Sisters of the Holy Names. Hilda has lead RCIA classes in her parish, and has been a frequent and active participant our SEYA Program. In her free time, she enjoys hiking, backpacking and camping.

Welcome to Christine Rillera who will offer Administrative and Program Support. She currently also works full time for the Archdiocese in the Benefits Office. She is a 2005 Gonzaga University graduate. One of 11 children born and mostly raised in the Seattle area, she has a love for social dancing (ballroom, latin, swing) and staying active outdoors.



Welcome to new Board member, Randy Novak who has been a member of the St. Joseph Parish Staff since 2003. During that time, he has worked with the high school youth community, founded the non-profit group Shirts Across America, and has brought together 475 high school and college students to volunteer in New Orleans and Mississippi in the wake of Hurricane Katrina. He lives in Seattle with his wife Meghan and daughters Lily and Lucy.

Welcome to new Board member, Matt Orlando who hails from Waltham, MA. He was a Jesuit Volunteer Corps member, and is a past participant and board member of SEEL, and currently works as a counselor at Shoreline Community College. He likes to backpack, cook and eat good food, sing and play music and he's looking forward to supporting ISC in fulfillment of its mission!



## SPIRITUAL DIRECTION SERVICES *Encouraging a Closer Relationship with God*

Longing for a more conscious experience of God's presence and love? Spiritual direction can help!

*Contact us if you are interested in connecting with a spiritual director.*

Carolyn Hickman  
carolyn@ignatiancenter.org  
206.329.4824 x3



## Enrichment Opportunity For Spiritual Directors *The Hopeful Imagination: A Place God Comes to Meet Us*

*Friday, January 28<sup>th</sup>, 2011*

*9am - 3pm*

*St. Joseph Parish Center*

*Mary Rose Bumpus, RSM, Ph.D.,  
Presenter*

# Thank You ISC Contributors!

*The following individuals and organizations have contributed time, talents or funds to the ISC between 2008—2010. Without your support our work would not continue. We are so grateful to each and everyone of you. If your name has inadvertently been left off this list, please let us know!*

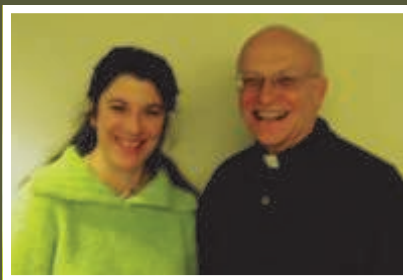
Aquino Albers	Peter Ely, SJ	Linda Lopez Liang	Christine Rillera
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Elizabeth Alpaugh	Maggie Finley	Rev. Paul Magnano	John Rochford & Nick Utzinger
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Elizabeth Danz	Patrick & Carmella Koeplin	Katie Pinard	Linda & Michael Zaugg
Jeanne Berwick & Jim Degel	Alexandra Kovats	Eleanor & Charles Pollnow	
Robert Deltete	Eileen Krueger	Barbara Guzzo & Paul Purcell	Seattle University
Marilyn Dennehy	Rick & Anne Kunkle	Laurie Quadracci	Seattle Preparatory School
Gennyn Dennison	Catherine LaCugna	Joe & Bridget Quinn	Green Bean Coffeehouse
Lisa Dennison	Joyce Lang	Karen & Dan Quinn-Shea	Sisters of Providence
Steve Donaldson	Erin Swezey & Tim Leary	Stephanie Ragland & Jerry Johnson	Intercommunity Peace & Justice Center
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Jean Ederer	Renee Leet	Andy & Mary Ries	Arrupe Jesuit Community
Elizabeth Eiland	Bob McCaffery Lent	Victoria Ries	
Dick & Linda Ellis	Don & Carla Lewis		

## What's Happening at ISC ...

- New Logo
- Farewell and Welcome
- Program Highlights
- Program Outreach
- SEYA Highlights
- 2010-11 Calendar of Events
- Thank You

## ADVENT EVENING of PRAYER

*Nourish and renew your spirit  
during the holy season of Advent*



*Jennifer Kelly and Fr. Paul Fitterer, SJ, Presenters*

*Thursday, December 9, 2010  
7:00 pm at St. Joseph Church*

Free will offering. No registration required.

## DID YOU KNOW ... the variety of offerings at the ISC?

- Spiritual Formation Opportunities
- The Novena of Grace
- Spiritual Direction Services
- Retreats and Days of Reflection
- Spiritual Enrichment for Young Adults
- **Program Outreach in Society's Margins**
- Ignatian Spirituality in the Arts Events
- Additional Ignatian Resources

For regular updates, check our website  
[www.ignatiancenter.org](http://www.ignatiancenter.org)

206.329.4824