



WEDNESDAYS, MARCH 1 - APRIL 5, 2023 6:30 PM - 8:00 PM PT | IN-PERSON AT ST. JOSEPH PARISH, SEATTLE MEGAN KUSH & MARIA OCHOA VAZQUEZ, **PRESENTERS** 



The Lenten season is a time for prayer, listening and closeness with God. Ignatian spirituality engages our embodied selves in a way that helps to unite our imaginations, senses, memories, and desires towards spiritual wholeness. Come and cultivate your prayer experience by joining the ISC for Lenten Prayer Encounter, a series of weekly imaginative prayer experiences over the six weeks of Lent.

There is no requirement that you do all six encounters, although you may find that to be a helpful rhythm for Lent - join us for any, join us for all. Make this Lent meaningful, the Ignatian way.

No prior experience with Ignatian spirituality is required! All are welcome.

For more information and to register, visit https://www.ignatiancenter.org/lenten-prayer-encounter Please register by 12 pm noon the day of or drop in!



Questions? maria@ignatiancenter.org (206) 329-4824